<u>Vikings Student-Athlete Pre-Participation Information</u>

Introduction

Welcome to the 2024-25 Vikings Athletics season! This document will outline the information and instructions you will need to complete your annual preseason participation and eligibility requirements. You must complete all items completely before you can be placed on your team's eligibility certificate to be eligible to compete. Please review all information below clearly and carefully.

NOTE: If you are not on an eligibility certificate, you CANNOT play.

Important Notes

- Preseason eligibility requirements will be listed below and can also be accessed on eClass.
- Your team's orientation day is August 21, 2024. Specific times and locations will be shared later. Orientation is mandatory for all student-athletes.
- You MUST complete all eligibility requirements before your scheduled orientation date.
 You will not be permitted to practice or compete until all requirements are completed.
- Questions can be directed to Aly Andersen (<u>acanders@ualberta.ca</u>)

SOCCER SPECIFIC: All requirements should be completed before your first practice.

Accessing Eligibility Requirements

Links and instructions for completing all requirements can be found on eClass. In order to access the Vikings Varsity Athletics page, you will need to enroll yourself in the non-credit course.

Link: https://eclass.srv.ualberta.ca/course/view.php?id=88405

Enrollment Key: Vikings2425

You will notice that this non-credit eClass course includes many sections. Please navigate to the section titled "Preseason To Do List". The remainder of the sections include helpful information to assist and guide you during your time at Augustana.

NOTE: This course will not be available to enroll into until July 9, 2024 at 11:59pm

Eligibility Requirements

There are several things required for you to be eligible to compete as a Viking:

- Vikings student-athlete Registration (~10 minutes)
- Vikings Student-Athlete Orientation Eligibility Seminar (~30 minutes)
- Privit
 - Medical Evaluation and Information (~1-2 hours)
 - CATT If required (~30 minutes)
 - CCES Courses Certificates must be uploaded to Privit
 - True Sport 101 Everyone is required to complete (~45 minutes 1 Hour)
 - CCES Creating a Campus Free of Sexual Violence Required if not previously completed or attended ACAA First Year Seminar (~1 hour)

Reviewing Eligibility Requirements

Athletics Administration will review your preseason participation for completion and accuracy. All requirements must be completed in full prior to competing with your team.

Eligibility Seminar

Date: August 21, 2024

Arrival Time: TBD

Location: Augustana Gym

You are required to attend the eligibility seminar and check in with Athletics Administration upon arrival. The purpose of this day is to review your documentation, introduce you to services available to you, outline eligibility requirements for the season, and provide you with an opportunity to ask questions. This is an in-person opportunity to ensure that you are eligible to compete with your team.

Student-athletes who have not completed all their requirements will be required to stay after the seminar to complete what is missing.

NOTE: All eligibility requirements MUST be completed BEFORE you attend your eligibility seminar. The less requirements you have completed before the eligibility seminar, the longer you will have to stay. Your eligibility seminar could take 30 minutes or it could take up to 3 hours if you are missing requirements.

Student-athletes who attend the eligibility seminar will be entered to win a draw for a piece of Vikings merch

Medical Evaluation and Clearance

All student-athletes are required to input their medical information into Privit. This info is stored safely and securely to be used by Vikings Athletics head physiotherapist and student trainers to document and treat injuries, while also having emergency information on hand.

The Vikings head physiotherapist will clear all student-athletes for participation using Privit.

First-year student-athletes are required to have a physician evaluation and clearance in addition to clearance from the Vikings head physiotherapist. Medical evaluation forms can be found on Privit, printed and taken to a physician to complete. It is strongly encouraged to have this evaluation completed before arriving in Camrose.

Sports Concussion Assessment Tool (SCAT5)

The SCAT5 is a standardized tool for evaluating a suspected concussion. All student-athletes are required to have a SCAT5 competed at the start of the season for a baseline.

Teams that have student trainers will complete their SCAT5 with a student trainer during a practice in the first two (2) weeks of returning to training in the Fall semester. Student-athletes are responsible for uploading a copy of their completed SCAT5 to their Privit profile.

Teams that do not have a student trainer are required to book an appointment with the Vikings head physiotherapist to have a SCAT5 completed.

CCES

As required by the CCAA and ACAC, student-athletes are required to complete the following CCES courses online:

- True Sport 101 Those who have already done the course will do a shorter review course - Upload the certificate to PRIVIT
- Student-Athlete Safe Sport course "Creating a Campus Community Free of Sexual Violence" - Upload certificate to PRIVIT

Please try to log in using your ualberta email and remember your password as you will need it for future seasons.

Completion of "Creating a Campus Community Free of Sexual Violence" is recognized as of 2020. If you have already completed the course in the past or if you attended the ACAA first-year seminar in the past, you do not have to complete this course again.

Transfer Student-Athletes

If you are a transferring student-athlete, you are required to complete a transfer form to confirm your eligibility. Please contact Aly Andersen (acanders@ualberta.ca) directly to complete this step and identify yourself as a transfer student.

Head & Shoulders Shot

Your head & shoulders shot may be taken on the day of your orientation. Please come prepared to have your photograph taken and speak with your head coach or leadership group to determine what to wear.

Additional Information

- Please bring a laptop or tablet with you to orientation in case you need to complete any requirements.
- If you have any questions or concerns through this process please contact Aly Andersen (acanders@ualberta.ca)

Vikings Student-Athlete Preseason Checklist

- 1. Vikings Student-Athlete Registration
- 2. PRIVIT Checklist See additional instruction forms and checklist for 1st years, 2nd-5th years, and transfers for assistance
- 3. Student-Athlete Orientation Aug 21, 2024
- 4. Head and Shoulders Photo

☐ Join Teams

PRIVIT 1	for First Years
□ J	loin Teams
	General Information
□ F	Personal Details
□ €	e-PPE Questionnaire
	Physical examination form - To be printed and completed by a physician and uploaded document
	CCES True Sport 101 - Instructions included - Upload certificate
	Consent to disclose - Sign
	/ikings Athlete Code of Conduct - Sign
	Concussion Baseline Testing - Complete with Student Trainer or book an appointment with the Vikings Head PT. Student-Athlete please upload your own document after.
	CCAA Waiver Form - Sign
	CCAA Consent Form - Sign
	CATT - Upload Certificate (concussion education)
r	ACAA First Year Seminar - Must attend and sign in. If a first-year student-athlete does not attend and sign in to the seminar they will be required to complete CCES Creating a Campus Free of Sexual Violence and upload certificate to PRIVIT
PRIVIT 1	for 2nd, 3rd, 4th, 5th Years

	General Information
	Personal Details
	e-PPE Questionnaire
	True Sport 101 Review - Upload certificate
	Consent to disclose - Sign
	Vikings Athlete Code of Conduct - Sign
	Concussion Baseline Testing - Complete with Student Trainer and upload document
	CCAA Waiver Form - Sign
	CCAA Consent Form - Sign
PRIVIT	for transfer Student-Athletes
	Join Teams
	General Information
	Personal Details
	e-PPE Questionnaire
	True Sport 101 - Instructions included - Upload certificate
	Consent to disclose - Sign
	Vikings Athlete Code of Conduct - Sign
	Concussion Baseline Testing - Complete with Student Trainer and upload document
	CCAA Waiver Form - Sign
	CCAA Consent Form - Sign
	CATT - Upload Certificate
	CCES Creating a Campus Free of Sexual Violence - If not completed at a previous institution.

You will know that your PRIVIT profile is complete when the bar at the top turns **GREEN**

If you encounter any problems with PRIVIT please contact the PRIVIT Support Desk: 1-844-234-4357 (Monday to Friday 8:00 AM to 5:00 PM ET) or contact our <u>Help Center</u>.

Should you experience any problems when accessing CCES to complete your True Sport 101 certification contact education@cces.ca. If you no longer have access to the email address you used to create your account, please email education@cces.ca with your full name, year of birth, sport, old email address, and current email address. If you have forgotten your password, you will need to reset it.