

Grand Prix 3 hosted by Lethbridge College Kodiaks

September 30, 2023

8 km results

Runner	Team	Bib#	Time	Place	Gprix	ACAC	TKU	RDP	MHC	NWP	NAIT	UAA	LCK	PRAC	CUE	STMU	SAIT	Open	RRAC	Open place	Pace/km	
Felix Rop	Open	266	26:38	1														1		1	03:20	
Maximus Thiessen	SAIT	257	26:50	2	1	1												1			03:21	
Nathan Woyessa	SAIT	263	27:03	3	2	2												2			03:23	
Keiran Marchand	SAIT	262	27:33	4	3	3												3			03:27	
Leonard Chesoo	CUE	246	27:35	5	4	4									4						03:27	
Ben House	RDP	205	28:16	6	5	5		5													03:32	
Jordan Coen	RDP	206	28:21	7	6	6		6													03:33	
Michael Nishyama	RRAC	251	28:25	8															8	2	03:33	
Owen Stewart	LCK	233	28:40	9	7	7							7								03:35	
Dan Szucs	RDP	204	29:02	10	8	8		8													03:38	
Michael Schnare	Open	275	29:32	11															11	3	03:42	
Ben Higham	RDP	207	29:32	12	9	9		9													03:42	
Elsami Rosa-Molina	SAIT	264	29:37	13	10	10															03:42	
Shawn Gunnink	NAIT	223	29:44	14	11	11				11											03:43	
Elijah Miller	PRAC	240	29:47	15	12	12								12							03:43	
Ethan Grasmeyer	LCK	234	29:57	16	13	13							13								03:45	
Lony Repetski	PRAC	244	30:18	17	14	14								14							03:47	
Justin Fisher	LCK	231	30:24	18	15	15							15								03:48	
Dylan Leadlay	RDP	208	30:29	19	16	16		16													03:49	
Conner Van Den Hoek	LCK	235	30:49	20	17	17							17								03:51	
Colton Michel	NWP	218	30:59	21	18	18			18												03:52	
Keegan Hartery	LCK	237	31:00	22	19	19							19								03:53	
Ryan Edgar	Open	267	31:19	23																	03:55	
Chase Chambers	SAIT	258	31:20	24	20	20												20		4	03:55	
Robert Renman	Open	272	31:24	25																	03:56	
Nathan Johnson	PRAC	245	31:29	26	21	21								21							03:56	
Harrison Lawson	MHC	211	31:55	27	22	22			22												03:59	
Antonin Scheideker	CUE	247	32:01	28	23	23									23						04:00	
Jesse Loiselle	NWP	217	32:08	29	24	24			24												04:01	
Daniel Quibell	STMU	254	32:18	30	25	25										25					04:02	
Keegan Kolody	Open	269	32:22	31																	04:03	
Shintaro lwata	MHC	216	32:27	32	26	26			26												04:03	
Brian Rono	SAIT	265	32:29	33	27	27															04:04	
Maxwell Reisinger	SAIT	259	32:33	34	28	x															04:04	
Jonah Hennig	LCK	236	32:45	35	29	28							28								04:06	
Justin Jager	MHC	212	32:47	36	30	29			29												04:06	
Tristan Scrimger	MHC	214	33:06	37	31	30			30												04:08	
Andrew Peters	RRAC	250	33:08	38																	04:09	
Nicholas Piccirillo	SAIT	261	33:26	39	32	x															04:11	
Kaysan Mohamed	LCK	232	33:30	40	33	x							x								04:11	
Judah Sutherland	PRAC	241	34:18	41	34	31								31							04:17	
Marcus Boland	CUE	248	34:24	42	35	32									32						04:18	
Kade Singer	NWP	220	34:30	43	36	33			33												04:19	
Gage Smith	MHC	210	34:31	44	37	34			34												04:19	
Peter Dejong	Open	238	34:36	45																	04:19	
Ewan Schellenberg	UAA	227	34:51	46	38	35							35								04:21	
Spencer Wilson	MHC	215	34:52	47	39	36			36												04:22	
Joe Mwatha	UAA	230	34:58	48	40	37							37								04:22	
Rylan Matthews	SAIT	260	35:00	49	41	x															04:23	
Owen Williams	PRAC	243	35:07	50	42	38								38							04:23	
Sheldon MacKay	NAIT	224	35:11	51	43	39							39								04:24	
Chelly Molnar	Open	270	35:33	52																	04:27	
Jon McKinley	MHC	213	35:35	53	44	x			x												04:27	
James Saly	UAA	228	36:26	54	45	40							40								04:33	
Robert Gavin	NWP	221	36:27	55	46	41			41												04:33	
Nathan Kelba	STMU	255	36:56	56	47	42															04:37	
Nyam Owusu	NWP	219	37:02	57	48	43			43												04:38	
Akmurad Achilov	NAIT	225	37:03	58	49	44							44								04:38	
Asaph da Silva	PRAC	242	37:05	59	50	45								45							04:38	
Luke Stewart	CUE	249	37:13	60	51	46									46						04:39	
Roger Ronald	TKU	203	38:39	61	52	47	47														04:50	
Gabriel Marchalek	Open	273	39:43	62																	04:58	
Asher Wiebe	TKU	201	39:53	63	53	48	48														04:59	
Jack Pavier	STMU	256	40:32	64	54	49															05:04	
Kunlin Ye	Open	229	40:37	65																	05:05	
Gerhard Lotz	Open	276	44:06	66																	05:31	
Matt Norminton	RRAC	253	45:16	67																	05:39	
Bill Corcoran	RRAC	271	48:15	68																	06:02	

# of runners scoring				68	54	49	2	5	6	5	3	3	6	6	4	3	6	10	4	14		
# of non-scoring runners						5	0	0	1	0	0	0	1	0	0	0	3					
total best 4 runners								28	107	116			52	78	105	16		60	181			
rank on best 4 runners								2	6	7			3	4	5	1						
total best 3 runners								19	77	75	94	112	35	47	59	116	6	35	113			
rank on best 3 runners								2	7	6	8	9	3	4	5	10	1					
total best 3 women+best 3 men								36	100	170		188	64			149						
rank on best 3 women and men								1	3	5		6	2			4						

note: ACAC team scores based on ACAC placing, whereas open and hs team scores based on overall placing