

ACAC Grand Prix #4 Hosted by StMU

Oct 15th, 2022

8 km results

| Runner | Team | Bib# | Time | Place | Gprix | ACAC | StMU | MHC | RDP | LCK | UAA | SAIT | NWP | TKU | CUE | PC | OPEN | RRAC | Open place | Pace/km | |
|-------------------------|------|------|-------|-------|-------|------|------|-----|-----|-----|-----|------|-----|-----|-----|----|------|------|------------|---------|-------|
| Leonard Chesoo | CUE | 907 | 24:48 | 1 | 1 | 1 | | | | | | | | | | 1 | | | | 03:06 | |
| Moktar Said | SAIT | 943 | 25:39 | 2 | 2 | 2 | | | | | | 2 | | | | | | | | | 03:12 |
| Keiran Marchand | SAIT | 946 | 26:09 | 3 | 3 | 3 | | | | | | 3 | | | | | | | | | 03:16 |
| Tofik Said | SAIT | 944 | 26:15 | 4 | 4 | 4 | | | | | | 4 | | | | | | | | | 03:17 |
| Brandon Toal | RRAC | 973 | 26:29 | 5 | | | | | | | | | | | | | | 5 | 1 | | 03:19 |
| Scott Kohlman | RRAC | 970 | 26:30 | 6 | | | | | | | | | | | | | | 6 | 2 | | 03:19 |
| Daniel Szucs | RDP | 952 | 26:32 | 7 | 5 | 5 | | | 5 | | | | | | | | | | | | 03:19 |
| Cooper Williams | LCK | 918 | 26:52 | 8 | 6 | 6 | | | | 6 | | | | | | | | | | | 03:22 |
| Michael Nishiyama | RRAC | 967 | 26:57 | 9 | | | | | | | | | | | | | | 9 | 3 | | 03:22 |
| Jonah Brown | OPEN | 966 | 27:01 | 10 | | | | | | | | | | | | | 10 | | 4 | | 03:23 |
| Ben Nawrot | UAA | 936 | 27:46 | 11 | 7 | 7 | | | | | 7 | | | | | | | | | | 03:28 |
| Garrett Gerke | OPEN | 975 | 27:51 | 12 | | | | | | | | | | | | | | 12 | | 5 | 03:29 |
| Noah Arychuk | OPEN | 959 | 27:53 | 13 | | | | | | | | | | | | | | 13 | | 6 | 03:29 |
| Ethan Duret | RDP | 954 | 27:58 | 14 | 8 | 8 | | | 8 | | | | | | | | | | | | 03:30 |
| Liam Buchart | RRAC | 969 | 27:59 | 15 | | | | | | | | | | | | | | 15 | | 7 | 03:30 |
| Ben House | RDP | 953 | 28:01 | 16 | 9 | 9 | | | 9 | | | | | | | | | | | | 03:30 |
| Graeme Law | RRAC | 971 | 28:21 | 17 | | | | | | | | | | | | | | 17 | | 8 | 03:33 |
| Daylan Wizniuk | OPEN | 940 | 29:00 | 18 | | | | | | | | | | | | | | 18 | | 9 | 03:38 |
| Elsami Rosa-Molina | SAIT | 947 | 29:22 | 19 | 10 | 10 | | | | | | 10 | | | | | | | | | 03:40 |
| Cole Herbert | LCK | 915 | 29:30 | 20 | 11 | 11 | | | | 11 | | | | | | | | | | | 03:41 |
| Samuel Nawrot | UAA | 933 | 29:30 | 21 | 12 | 12 | | | | | 12 | | | | | | | | | | 03:41 |
| Ben Higham | RDP | 955 | 29:32 | 22 | 13 | 13 | | | 13 | | | | | | | | | | | | 03:42 |
| Jordan Coen | RDP | 957 | 30:03 | 23 | 14 | 14 | | | 14 | | | | | | | | | | | | 03:45 |
| Jesse Loiselle | NWP | 927 | 30:09 | 24 | 15 | 15 | | | | | | | 15 | | | | | | | | 03:46 |
| Brannon Sumner | MHC | 920 | 30:11 | 25 | 16 | 16 | | | 16 | | | | | | | | | | | | 03:46 |
| Robert Renman | OPEN | 939 | 30:19 | 26 | | | | | | | | | | | | | | 26 | | 10 | 03:47 |
| Axsivier Lawrence | RDP | 951 | 30:24 | 27 | 17 | 17 | | | 17 | | | | | | | | | | | | 03:48 |
| Martin Undheim | OPEN | 965 | 30:39 | 28 | | | | | | | | | | | | | | 28 | | 11 | 03:50 |
| Jaiden Romaniuk | MHC | 925 | 30:56 | 29 | 18 | 18 | | | 18 | | | | | | | | | | | | 03:52 |
| Jack Bentley | LCK | 913 | 31:04 | 30 | 19 | 19 | | | | 19 | | | | | | | | | | | 03:53 |
| Gage Smith | MHC | 922 | 31:36 | 31 | 20 | 20 | | | 20 | | | | | | | | | | | | 03:57 |
| Andrew Peters | RRAC | 968 | 31:57 | 32 | | | | | | | | | | | | | | | | | 04:00 |
| Elijah Miller | PC | 961 | 32:35 | 33 | 21 | 21 | | | | | | | | | | 21 | | 32 | | 12 | 04:04 |
| Chase Chambers | LCK | 917 | 32:53 | 34 | 22 | 22 | | | | 22 | | | | | | | | | | | 04:07 |
| Dan Quibell | StMU | 901 | 33:06 | 35 | 23 | 23 | 23 | | | | | | | | | | | | | | 04:08 |
| Harrison Lawson | MHC | 924 | 33:12 | 36 | 24 | 24 | | | 24 | | | | | | | | | | | | 04:09 |
| Saulo Neves de Oliveira | OPEN | 958 | 33:24 | 37 | | | | | | | | | | | | | | 37 | | 13 | 04:11 |
| James Clarke | SAIT | 949 | 33:24 | 38 | 25 | 25 | | | | | | 25 | | | | | | | | | 04:11 |
| Justin Jaeger | MHC | 923 | 33:32 | 39 | 26 | 26 | | | 26 | | | | | | | | | | | | 04:12 |
| Rogan Lindemark | PC | 960 | 33:52 | 40 | 27 | 27 | | | | | | | | | | 27 | | | | | 04:14 |
| Carson Schiller | MHC | 926 | 34:11 | 41 | 28 | 28 | | | 28 | | | | | | | | | | | | 04:16 |
| Ewan Schellenberg | UAA | 934 | 34:51 | 42 | 29 | 29 | | | | | 29 | | | | | | | | | | 04:21 |
| Camilo Paez | OPEN | 942 | 35:09 | 43 | | | | | | | | | | | | | | 43 | | 14 | 04:24 |
| Joe Mwatha | UAA | 941 | 35:09 | 44 | 30 | 30 | | | | | 30 | | | | | | | | | | 04:24 |
| Riley Follensbee | StMU | 902 | 35:19 | 45 | 31 | 31 | 31 | | | | | | | | | | | | | | 04:25 |
| Judah Sutherland | PC | 964 | 35:21 | 46 | 32 | 32 | | | | | | | | | | 32 | | | | | 04:25 |
| Jared Gourley | UAA | 937 | 36:08 | 47 | 33 | 33 | | | | | 33 | | | | | | | | | | 04:31 |
| Shintaro Iwata | MHC | 921 | 36:16 | 48 | 34 | x | | | x | | | | | | | | | | | | 04:32 |
| Colton Michel | NWP | 930 | 36:21 | 49 | 35 | 34 | | | | | | | 34 | | | | | | | | 04:33 |
| Sheikh Abdurrahman Bahz | SAIT | 950 | 36:43 | 50 | 36 | 35 | | | | | | | 35 | | | | | | | | 04:35 |
| Nyam "Clinton" Owusu | NWP | 931 | 37:14 | 51 | 37 | 36 | | | | | | | 36 | | | | | | | | 04:39 |
| Emilian Dumec | CUE | 908 | 37:35 | 52 | 38 | 37 | | | | | | | | | 37 | | | | | | 04:42 |
| Paul Bjartveit | StMU | 906 | 37:38 | 53 | 39 | 38 | 38 | | | | | | | | | | | | | | 04:42 |
| Dominic Schellenberg | UAA | 938 | 37:56 | 54 | 40 | 39 | | | | | 39 | | | | | | | | | | 04:45 |
| James Saly | UAA | 935 | 38:02 | 55 | 41 | x | | | | | x | | | | | | | | | | 04:45 |
| Jack Herron | StMU | 904 | 38:25 | 56 | 42 | 40 | 40 | | | | | | | | | | | | | | 04:48 |
| Rowan Seerup | StMU | 903 | 38:32 | 57 | 43 | 41 | 41 | | | | | | | | | | | | | | 04:49 |
| Felix Barraza | OPEN | 974 | 40:17 | 58 | | | | | | | | | | | | | | 58 | | 15 | 05:02 |

For more than 200 runners, unprotect worksheet, insert additional rows above this row, copy previous last row above this one, paste copied row into inserted rows, protect worksheet

| | | | | | | | | | | | | | | | |
|-------------------------------|----|-----|----|----|----|----|----|-----|---|---|---|----|----|----|----|
| # of runners scoring | 58 | 41 | 5 | 6 | 6 | 4 | 6 | 6 | 3 | 0 | 2 | 3 | 9 | 6 | 15 |
| # of non-scoring runners | | 2 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | | | |
| total best 4 runners | | 132 | 78 | 35 | 58 | 78 | 19 | | | | | | 53 | 35 | |
| rank on best 4 runners | | 6 | 4 | 2 | 3 | 5 | 1 | | | | | | | | |
| total best 3 runners | | 92 | 54 | 22 | 36 | 48 | 9 | 85 | | | | 80 | 35 | 20 | |
| rank on best 3 runners | | 8 | 5 | 2 | 3 | 4 | 1 | 7 | | | 6 | | | | |
| total best 3 women+best 3 men | | 107 | 73 | 69 | 91 | 89 | 59 | 176 | | | | | | | |
| rank on best 3 women and men | | 6 | 3 | 2 | 5 | 4 | 1 | 7 | | | | | | | |

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|-----|-----|-----|-----|-----|------|-----|-----|-----|----|------|------|
| SMU | MHC | RDP | LCK | UAA | SAIT | NWP | TKU | CUE | PC | OPEN | RRAC |
|-----|-----|-----|-----|-----|------|-----|-----|-----|----|------|------|

note: ACAC team scores based on ACAC placing, whereas open and hs team scores based on overall placing