CCAA XC Running National Championships

Hosted by Medcine Hat College

November 12, 2022

Runner	School	Conf	Bib#	Time	Pace/km	Overall place	School place	Conf place	Augustana	Lethbridge	Medicine Hat	Red Deer	SAIT	St Mary's	Crandall	Lennoxville	Saint-Lambert	Garneau	John Abbott	Sainte-Foy	Victoriaville	Fanshawe	Humber	Saint Clair	Notre Dame	ACAC	OCAA	RSEQ	ACAA
Nolan Turgeon	Victoriaville	RSEQ	879	25:26	03:11	1	1	1													1							1	
Moktar Said	SAIT	ACAC	834	25:38	03:12	2	2	2					2													2			
Xavier Lemaître	Saint-Lambert	RSEQ	858	25:47	03:13	3	3	3									3											3	
Tyler Jones	Saint Clair	OCAA	915	26:00	03:15	4	4	4																4			4		
Mathis Vallières	Victoriaville	RSEQ	880	26:07	03:16	5	5	5													5							5	
Keiran Marchand	SAIT	ACAC	830	26:07	03:16	6	6	6					6													6			
Jacob Fitzpatrick	Saint Clair	OCAA	910	26:10	03:16	7	7	7																7			7		
Jacob Girard	Baie-Comeau	RSEQ	847	26:15	03:17	8		8																				8	
Sandy Freeman	Fanshawe	OCAA	886	26:26	03:18	9	8	9														8					9		
Paolo Amotun Lokoro	Sheridan	OCAA	907	26:27	03:18	10		10																			10		
Sam Cumming	Fanshawe	OCAA	887	26:32	03:19	11	9	11														9					11		
Rick Nepomuceno	Saint Clair	OCAA	913	26:33	03:19	12	10	12																10			12		
Charles Gendron-Jetté	Lennoxville	RSEQ	850	26:36	03:20	13	11	13								11												13	
Cooper Williams	Lethbridge	ACAC	807	26:40	03:20	14	12	14		12																14			
Émile Toupin	Trois-Rivières	RSEQ	878	26:44	03:21	15																							
Ethan Roche	Fanshawe	OCAA	889	26:45	03:21	16	13															13							
Daniel Szucs	Red Deer	ACAC	829	26:50	03:21	17	14	15				14														15			
Tofik Said	SAIT	ACAC	832	27:01	03:23	18	15	16					15													16			
Ismaël Thomas	Sainte-Foy	RSEQ	873	27:02	03:23	19	16	17												16								17	
Olivier Gervais	St. Lawrence	RSEQ	859	27:03	03:23	20		18																				18	
Ethan Duret	Red Deer	ACAC	825	27:20	03:25	21	17					17																	
Benjamin House	Red Deer	ACAC	827	27:21	03:25	22	18					18																	
Léo Bédard	Alma	RSEQ	846	27:22	03:25	23																							
Ty Breedon	Fanshawe	OCAA	888	27:25	03:26	24	19	19														19					19		
Mathis Turcotte	Garneau	RSEQ	864	27:29	03:26	25	20											20											
Leonard Chesoo	Concordia	ACAC	806	27:29	03:26	26		20																		20			
Yoann Bélanger-Rioux	Lennoxville	RSEQ	849	27:31	03:26	27	21									21													
Yahye Mohamed	SAIT	ACAC	831	27:32	03:27	28	22	21					22													21			
Ben Nawrot	Augustana	ACAC	800	27:32	03:27	29	23		23																				
Justin Lafleur	Lionel-Groulx	RSEQ	870	27:33	03:27	30																							
Gabriel Bussière	Sainte-Foy	RSEQ	874	27:52	03:29	31	24													24									
Loic Poulin-Desjardins	Garneau	RSEQ	863	27:55	03:29	32	25											25											
Ansleme Poher	Lennoxville	RSEQ	852	27:59	03:30	33	26									26													
Jérémy Dion	Victoriaville	RSEQ	881	28:03	03:30	34	27														27								
Victor Tanner	Saint-Lambert	RSEQ	857	28:04	03:31	35	28										28												
Zach Carter	John Abbott	RSEQ	868	28:05	03:31	36	29												29										
Christophe Frémont	Garneau	RSEQ	862	28:06	03:31	37	30											30											
Aidan Raynor	John Abbott	RSEQ	865	28:11	03:31	38	31												31										
Pier-Olivier Beaulieu	Garneau	RSEQ	861	28:14	03:32	39	32											32											
Samuel Beaulieu	Garneau	RSEQ	860	28:22	03:33	40	33											33											
Louis-Philippe Poulin	Saint-Hyacinthe	RSEQ	871	28:23	03:33	41																							
Bobby Buck	Loyalist	OCAA	901	28:32	03:34	42																							
Cédric Laliberté	Saint-Lambert	RSEQ	854	28:43	03:35	43	34										34												
Jaivir Sandhar	Humber	OCAA	894	28:47	03:36	44	35																35						
Émil Lavoie-Leullier	Sainte-Foy	RSEQ	875	28:52	03:37	45	36													36									
Benjamin Higham	Red Deer	ACAC	826	28:56	03:37	46	37					37																	
Gustave Imbaud	Saint-Hyacinthe	RSEQ	872	28:57	03:37	47																							
David Harvey	Notre Dame	RSEQ	916	28:57	03:37	48	38																		38				
Matt Lafleur	Saint Clair	OCAA	911	29:00	03:38	49	39																	39					
Xavier Marceau	Sainte-Foy	RSEQ	876	29:03	03:38	50	40													40									
Elsami Rosa	SAIT	ACAC	833	29:05	03:38	51	41						41																
Fortin Vincent	Jonquière	RSEQ	869	29:08	03:39	52																							
Samuel Nawrot	Augustana	ACAC	801	29:16	03:40	53	42		42																				
Jackson Rice	Laurier Brantford	OCAA	900	29:16	03:40	54																							
Joaquin Velasquez-Solano	Sainte-Foy	RSEQ	877	29:23	03:40	55	43													43									
Jordan Coen	Red Deer	ACAC	824	29:27	03:41	56	44					44																	
Alexis Denault_Lemire	Notre Dame	RSEQ	919	29:27	03:41	57	45																		45				
Julien Boulé	Saint-Lambert	RSEQ	855	29:30	03:41	58	46										46												

									Augustana	Lethbridge	Medicine Hat	Red Deer	SAIT	St Mary's	Crandall	Lennoxville	Saint-Lambert	Garneau	John Abbott	Sainte-Foy	Victoriaville	Fanshawe	Humber	Saint Clair	Notre Dame	ACAC	OCAA	RSEQ	ACAA
Will Summers	Mohawk	OCAA	903	29:32	03:42	59																							
Owen Wrigley	Lambton	OCAA	898	29:44	03:43	60																							
Mason Biswas	Humber	OCAA	892	29:49	03:44	61	47																47						
Cole Herbert	Lethbridge	ACAC	808	29:50	03:44	62	48			48																			
Brannon Sumner	Medicine Hat	ACAC	814	29:51	03:44	63	49				49																		
James Chiengjek	Sheridan	OCAA	908	30:05	03:46	64																							
Ayden Carr	Laurier Brantford	OCAA	899	30:05	03:46	65																							
Jaiden Romanuik	Medicine Hat	ACAC	815	30:13	03:47	66	50				50																		
Damien Deschenes	Notre Dame	RSEQ	918	30:17	03:47	67	51																		51				
Michael Beaudin	Lennoxville	RSEQ	848	30:20	03:48	68	52									52													
Justin Fisher	Lethbridge	ACAC	809	30:21	03:48	69	53			53																			
Axsivier Lawrence	Red Deer	ACAC	828	30:27	03:48	70	54					54																	
Jakob Kramer	Redeemer	OCAA	906	30:28	03:49	71																							
Julian Zamparo	Humber	OCAA	896	30:37	03:50	72	55																55						
Jesse Loiselle	Northwest	ACAC	819	30:47	03:51	73																							
Louis-Simon Tremblay	Lennoxville	RSEQ	853	30:48	03:51	74	56									56													
Alex Harvey	Notre Dame	RSEQ	917	30:48	03:51	75	57																		57				
Adam Kalab	Cambrian	OCAA	885	30:53	03:52	76																							
Matias Tessel	Mohawk	OCAA	902	30:56	03:52	77																							
Cody Beggs	Mohawk	OCAA	904	31:00	03:53	78																							
Elie Gutherie-Drew	Lennoxville	RSEQ	851	31:05	03:53	79	58									58													
Daniel Racette	John Abbott	RSEQ	867	31:22	03:55	80	59												59										
Jack Bentley	Lethbridge	ACAC	810	31:23	03:55	81	60			60																			
Michael Diaz	Sheridan	OCAA	909	31:27	03:56	82																							
Jonathon Munger	John Abbott	RSEQ	866	31:28	03:56	83	61												61										
Raphael Vigneault	Victoriaville	RSEQ	883	31:28	03:56	84	62														62								
Jean-Félix Morin	Victoriaville	RSEQ	882	31:30	03:56	85	63														63								
William Ross	Crandall	ACAA	844	31:31	03:56	86	64	22							64														22
Aaron Reid	Fanshawe	OCAA	890	31:36	03:57	87	65															65							
Gage Smith	Medicine Hat	ACAC	817	31:37	03:57	88	66				66																		
Brendan Woolley	Humber	OCAA	897	31:44	03:58	89	67																67						
Jackson Culberson	Crandall	ACAA	842	31:44	03:58	90	68	23							68														23
Russell Niedre	Saint Clair	OCAA	914	31:49	03:59	91	69																	69					
Elijah Miller	Prairie	ACAC	820	31:51	03:59	92																							
Michael Horrobin	Saint Clair	OCAA	912	31:53	03:59	93	70																	70					
Lucas Liboiron	Fanshawe	OCAA	891	32:06	04:01	94	71															71							
Harrison Lawson	Medicine Hat	ACAC	818	32:13	04:02	95	72				72																		
Luc Blanchette	Crandall	ACAA	841	32:16	04:02	96	73	24							73														24
Luca Ferrari	Humber	OCAA	893	32:31	04:04	97	74																74						
Brian Rono	SAIT	ACAC	835	32:34	04:04	98	75						75																
Chase Chambers	Lethbridge	ACAC	812	32:44	04:05	99	76			76																			
Carson Schiller	Medicine Hat	ACAC	813	33:13	04:09	100	77				77																		
Simon Allen	Dalhousie	ACAA	845	33:24	04:11	101		25																					25
Dan Quibell	St Mary's	ACAC	837	33:43	04:13	102	78							78															
Ewan Schellenberg	Augustana	ACAC	802	33:51	04:14	103	79		79																				
Judah Sutherland	Prairie	ACAC	821	34:10	04:16	104																							
Justin Jager	Medicine Hat	ACAC	816	34:27	04:18	105	80				80																		
Joe Mwatha	Augustana	ACAC	803	34:35	04:19	106	81		81																				
Rogan Lindemark	Prairie	ACAC	822	34:57	04:22	107																							
Riley Follensbee	St Mary's	ACAC	838	34:58	04:22	108	82							82															
Sean Finnigan	Crandall	ACAA	843	35:14	04:24	109	83	26							83														26
Jared Gourley	Augustana	ACAC	804	36:04	04:31	110	84		84																				
Rowan Seerup	St Mary's	ACAC	839	36:14	04:32	111	85							85															
James Saly	Augustana	ACAC	805	36:50	04:36	112	86		86																				
Jack Herron	St Mary's	ACAC	840	38:56	04:52	113	87							87															
Kurt Caballo	Lethbridge	ACAC	811	39:35	04:57	114	88			88																			
	# of runners scoring					114	88	26	6	6	6	6	6	4	4	6	4	5	4	5	5	6	5	6	4	7	7	7	5
	# of runners total								6	6	6	6	6	4	4	6	4	5	4	5	5	6	5	6	4	39	29	41	5
	team total points (4 runners for school; 5 runners for conf):								225	173	237	86	45	332	288	110	111	107	180	116	95	49	204	60	191	53	41	30	120
	team rank:								14	10	15	4	1	17	16	7	8	6	11	9	5	2	13	3	12	3	2	1	4