

ACAC RUNNING ROOM INDOOR GRAND PRIX #2 - 2/18/2023

Gary W. Harris Canada Games Centre

Results - Saturday Track

Event 41 Women 3000 Meter Run Open

Name	Yr	Team	Finals
<b>Finals</b>			
1 #2650 Becky Ross	87	Medicine Hat Col	11:17.20
2 #2614 Taylor Chamberlin	02	Concordia	11:40.30
3 #2652 Madison Scrimger	04	Medicine Hat Col	11:48.40
4 #2677 Myah Cota	98	Red Deer Col	12:14.70
5 #2703 Jill Stewart	03	SAIT	12:16.90
6 #2718 Sydney Zissos	01	St. Mary's U	12:21.50
7 #2693 Holly Kelly	03	SAIT	12:23.80
8 #2669 Josephine Bennett	03	Prairie College	12:27.00
9 #2642 Pyper Gill	02	Medicine Hat Col	13:01.60
10 #2685 Georgia Sawchuk	04	Red Deer Col	13:07.70
11 #2639 Hanna Smith		Lethbridge T	13:17.40
12 #2707 Sarah Foscarini	84	St. Mary's U	13:45.60
13 #2664 Lydia Steinke	03	Northwestern Pol	14:48.30

Event 42 Men 3000 Meter Run Open

Name	Yr	Team	Finals
<b>Finals</b>			
1 #2641 Cooper Williams		Lethbridge T	8:48.50
2 #2615 Leonard Chesoo	97	Concordia	8:58.00
3 #2691 Yahye Jama	03	SAIT	9:10.50
4 #2680 Ben House	04	Red Deer Col	9:26.50
5 #2679 Ben Higham	04	Red Deer Col	9:50.70
6 #2649 Jaiden Romanuik	01	Medicine Hat Col	10:14.50
7 #2630 Cole Herbert		Lethbridge T	10:23.10
8 #2637 Kaysan Mohamed		Lethbridge T	10:29.10
9 #2698 Brian Rono	03	SAIT	10:34.10
10 #2653 Gage Smith	04	Medicine Hat Col	10:45.20
11 #2720 Jamin Fraser	97	The King's Unive	10:49.60
12 #2656 Colton Michel	03	Northwestern Pol	12:19.90

Event 21 Women 1000 Meter Run Open

Name	Yr	Team	Finals
<b>Finals</b>			
1 #2687 Jenica Swartz	03	Red Deer Col	3:07.20
2 #2701 Jasmin Salmon	03	SAIT	3:12.60
3 #2681 Justine Larson	03	Red Deer Col	3:22.10
4 #2675 Emily Barritt	04	Red Deer Col	3:40.20
5 #2657 Brandy Nicholson	03	Northwestern Pol	4:20.70

Event 22 Men 1000 Meter Run Open

Name	Yr	Team	Finals
<b>Finals</b>			
1 #2678 Ethan Duret	03	Red Deer Col	2:36.10
2 #2694 Keiran Marchand	03	SAIT	2:37.40
3 #2699 Moktar Said	03	SAIT	2:39.20
4 #2688 Daniel Szucs	00	Red Deer Col	2:39.30
4 #2632 Brock Jensen		Lethbridge T	2:39.30
6 #2625 logan Danyluk		Lethbridge T	2:49.00
7 #2730 Ben Nawrot	01	U of A Augustana	2:49.40
8 #2676 Jordan Coen	04	Red Deer Col	2:52.00
9 #2655 Jesse Loiselle	03	Northwestern Pol	2:53.20
10 #2714 Daniel Quibell	99	St. Mary's U	2:54.80

11 #2626 Justin Fisher		Lethbridge T	2:55.30
12 #2686 Jayce Soley	04	Red Deer Col	2:56.80
13 #2644 Shintaro Iwata	03	Medicine Hat Col	2:57.70
14 #2624 Chase Chambers		Lethbridge T	3:01.80
15 #2646 Harrison Lawson	02	Medicine Hat Col	3:05.30
16 #2658 Clinton Owusu	03	Northwestern Pol	3:05.70
17 #2720 Jamin Fraser	97	The King's Unive	3:15.30
18 #2695 Rylan Matthews	03	SAIT	3:18.40
19 #2723 Dorian Richardson	00	The King's Unive	3:19.00
20 #2674 Felix Barraza Acosta	98	Red Deer Col	3:21.10
21 #2623 Kurt Caballo	97	Lethbridge T	3:39.50

Event 255 Women 4x200 Meter Relay Open

Team	Relay	Finals
<b>Finals</b>		
1 Sait		1:54.30
1) #2701 Jasmin Salmon 03	2) #2690 Kerigan Frampton 03	
3) #2689 Danna Degagne 03	4) #2704 Meaghan Wiebe 03	
2 Red Deer Polytechnic		1:57.70
1) #2677 Myah Cota 98	2) #2675 Emily Barritt 04	
3) #2683 Kammy Park 03	4) #2684 Loami Rautenbach 04	
3 St. Mary's U		1:59.70
1) #2713 Sydney Lockhart 01	2) #2706 Brianne Dangerfield 00	
3) #2716 Philine Schmidt 99	4) #2705 Cherise Carter 00	
4 Medicine Hat College		2:04.80
1) #2652 Madison Scrimger 04	2) #2648 Cheldynn Molar 02	
3) #2643 Raya Grover 03	4) #2647 Annika Marshall 02	
5 U Alberta Augustana		2:05.10
1) #2726 Chloe Funnell 04	2) #2725 Sidney Cusack 04	
3) #2734 Emma Sachko 02	4) #2736 Hannah Taplin 03	
6 Leth. College		2:08.00
1) #2621 Rosie Bouchard	2) #2622 Mika Brant	
3) #2631 Rayanne Hoeflicher	4) #2633 Jenna Klok	

Event 254 Men 4x200 Meter Relay Open

Team	Relay	Finals
<b>Finals</b>		
1 Leth. College		1:37.20
1) #2627 Gunnarr Gibb	2) #2629 Jonah Hennig	
3) #2635 Ethan Lizotte	4) #2636 Orin May	
2 Medicine Hat College		1:37.60
1) #2651 Carson Schiller 00	2) #2645 Justin Jager 04	
3) #2649 Jaiden Romanuik 01	4) #2654 Brannon Sumner 03	
3 Red Deer Polytechnic		1:41.00
1) #2682 Axsivier Lawrence 95	2) #2678 Ethan Duret 03	
3) #2676 Jordan Coen 04	4) #2686 Jayce Soley 04	
4 U Alberta Augustana		1:43.10
1) #2731 Sam Nawrot 01	2) #2735 James Saly 03	
3) #2730 Ben Nawrot 01	4) #2729 Joe Mwatha 03	
5 Leth. College	B	1:43.20
1) #2619 Brantly Berry	2) #2628 Cole Guilbert	
3) #2634 Real Landry	4) #2638 Favour Ogor	
6 Sait	B	1:43.40
1) #2692 Odley Jean 03	2) #2695 Rylan Matthews 03	
3) #2691 Yahye Jama 03	4) #2702 Kevin Seiny 03	

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**Results - Saturday Track**

**Finals ... (Event 254 Men 4x200 Meter Relay Open)**

Team	Relay	Finals
7 Concordia University		1:43.60
1) #2615 Leonard Chesoo 97	2) #2616 Emilian Dumec 02	
3) #2618 Domenico Marchese 03	4) #2614 Taylor Chamberlin 02	
8 St. Mary's U		1:47.20
1) #2710 Nathan Kelba 03	2) #2717 Thomas Wong 02	
3) #2715 Hamza Sakr 02	4) #2714 Daniel Quibell 99	
9 Northwestern Pol		1:55.20
1) #2663 Tylan Stang 03	2) #2666 Daniel Stephenson 03	
3) #2660 Jordan Rappel 03	4) #2661 Ryland Sharp 03	

**Event 11 Women 600 Meter Run Open**

Name	Yr	Team	Finals
<b>Finals</b>			
1 #2687 Jenica Swartz	03	Red Deer Col	1:42.00
2 #2701 Jasmin Salmon	03	SAIT	1:43.00
3 #2620 Maria Boix-frias		Lethbridge T	1:48.70
4 #2725 Sidney Cusack	04	U of A Augustana	1:49.80
5 #2690 Kerigan Frampton	03	SAIT	1:50.90
6 #2704 Meaghan Wiebe	03	SAIT	1:51.20
7 #2648 Cheldynn Molar	02	Medicine Hat Col	1:51.40
8 #2683 Kammy Park	03	Red Deer Col	1:52.20
9 #2621 Rosie Bouchard		Lethbridge T	1:53.30
10 #2675 Emily Barritt	04	Red Deer Col	1:54.10
11 #2643 Raya Grover	03	Medicine Hat Col	1:54.20
12 #2633 Jenna Klok		Lethbridge T	1:55.00
13 #2631 Rayanne Hoeflicher		Lethbridge T	1:55.50
14 #2689 Danna Degagne	03	SAIT	1:55.70
15 #2669 Josephine Bennett	03	Prairie College	2:00.70
16 #2712 Maria Leonard	02	St. Mary's U	2:02.40
17 #2647 Annika Marshall	02	Medicine Hat Col	2:15.10
18 #2622 Mika Brant		Lethbridge T	2:16.40
19 #2665 Sophia Steinke	03	Northwestern Pol	2:18.30
20 #2724 Rachel Stang	95	The King's Unive	2:26.10
21 #2722 Nicole Pylpchuk	96	The King's Unive	2:41.60

**Event 12 Men 600 Meter Run Open**

Name	Yr	Team	Finals
<b>Finals</b>			
1 #2678 Ethan Duret	03	Red Deer Col	1:26.30
2 #2731 Sam Nawrot	01	U of A Augustana	1:27.70
3 #2629 Jonah Hennig		Lethbridge T	1:28.40
4 #2654 Brannon Sumner	03	Medicine Hat Col	1:29.40
5 #2682 Axsivier Lawrence	95	Red Deer Col	1:29.80
6 #2651 Carson Schiller	00	Medicine Hat Col	1:30.00
7 #2627 Gunnarr Gibb		Lethbridge T	1:33.00
8 #2636 Orin May		Lethbridge T	1:34.70
9 #2702 Kevin Seiny	03	SAIT	1:35.30
10 #2644 Shintaro Iwata	03	Medicine Hat Col	1:36.20
11 #2619 Brantly Berry		Lethbridge T	1:36.60
12 #2645 Justin Jager	04	Medicine Hat Col	1:37.80
13 #2686 Jayce Soley	04	Red Deer Col	1:38.20
14 #2638 Favour Ogor		Lethbridge T	1:38.70
15 #2635 Ethan Lizotte		Lethbridge T	1:39.00
16 #2618 Domenico Marchese	03	Concordia	1:39.10

17 #2628 Cole Guilbert	Lethbridge T	1:39.60
18 #2720 Jamin Fraser	97 The King's Unive	1:39.80
19 #2668 Oliver Azeredo	02 Prairie College	1:40.70
20 #2634 Real Landry	Lethbridge T	1:40.80
21 #2729 Joe Mwatha	03 U of A Augustana	1:42.80
22 #2663 Tylan Stang	03 Northwestern Pol	1:43.00
23 #2710 Nathan Kelba	03 St. Mary's U	1:43.70
24 #2674 Felix Barraza Acosta	98 Red Deer Col	1:44.30
25 #2672 Patrick Rody	00 Prairie College	1:44.60
26 #2660 Jordan Rappel	03 Northwestern Pol	1:44.90
26 #2735 James Saly	03 U of A Augustana	1:44.90
28 #2721 Ikenna Onyeagolu	01 The King's Unive	1:45.00
29 #2666 Daniel Stephenson	03 Northwestern Pol	1:45.30
30 #2673 Dave Tshilolo	02 Prairie College	1:45.60
31 #2709 Jack Herron	99 St. Mary's U	1:47.10
32 #2661 Ryland Sharp	03 Northwestern Pol	1:48.30
33 #2727 Jared Gourley	04 U of A Augustana	1:48.50
34 #2623 Kurt Caballo	97 Lethbridge T	1:49.10
35 #2692 Odley Jean	03 SAIT	1:51.90
35 #2717 Thomas Wong	02 St. Mary's U	1:51.90
37 #2659 Riley Payeur	03 Northwestern Pol	2:13.90

**Event 31 Women 1500 Meter Run Open**

Name	Yr	Team	Finals
<b>Finals</b>			
1 #2614 Taylor Chamberlin	02	Concordia	5:12.30
2 #2650 Becky Ross	87	Medicine Hat Col	5:17.30
3 #2726 Chloe Funnell	04	U of A Augustana	5:32.00
4 #2681 Justine Larson	03	Red Deer Col	5:38.30
5 #2667 Jill van der Giessen	03	Northwestern Pol	6:01.40
6 #2718 Sydney Zissos	01	St. Mary's U	6:04.00
7 #2685 Georgia Sawchuk	04	Red Deer Col	6:04.10
8 #2728 Aman Leung	03	U of A Augustana	6:20.30
9 #2711 Elizabeth Krueger	97	St. Mary's U	6:24.50

**Event 32 Men 1500 Meter Run Open**

Name	Yr	Team	Finals
<b>Finals</b>			
1 #2615 Leonard Chesoo	97	Concordia	4:12.50
2 #2694 Keiran Marchand	03	SAIT	4:13.70
3 #2688 Daniel Szucs	00	Red Deer Col	4:14.50
4 #2680 Ben House	04	Red Deer Col	4:21.00
5 #2676 Jordan Coen	04	Red Deer Col	4:36.40
6 #2646 Harrison Lawson	02	Medicine Hat Col	4:56.90
7 #2662 Kade Singer	03	Northwestern Pol	5:03.00

**Event 51 Women 4x400 Meter Relay Open**

Team	Relay	Finals
<b>Finals</b>		
1 Sait		4:28.00
1) #2701 Jasmin Salmon 03	2) #2690 Kerigan Frampton 03	
3) #2703 Jill Stewart 03	4) #2693 Holly Kelly 03	
2 Red Deer Polytechnic		4:32.30
1) #2681 Justine Larson 03	2) #2687 Jenica Swartz 03	
3) #2677 Myah Cota 98	4) #2675 Emily Barritt 04	

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**Results - Saturday Track**

<b>Finals ... (Event 51 Women 4x400 Meter Relay Open)</b>		
<b>Team</b>	<b>Relay</b>	<b>Finals</b>
3	Medicine Hat College	4:40.10
	1) #2642 Pyper Gill 02	2) #2652 Madison Scrimger 04
	3) #2648 Cheldynn Molar 02	4) #2643 Raya Grover 03
4	St. Mary's U	4:50.20
	1) #2713 Sydney Lockhart 01	2) #2716 Philine Schmidt 99
	3) #2708 Maria Fox 93	4) #2705 Cherise Carter 00
5	Leth. College	4:53.50
	1) #2620 Maria Boix-frias	2) #2621 Rosie Bouchard
	3) #2639 Hanna Smith	4) #2633 Jenna Klok
6	U Alberta Augustana	5:07.90
	1) #2734 Emma Sachko 02	2) #2725 Sidney Cusack 04
	3) #2728 Aman Leung 03	4) #2736 Hannah Taplin 03
7	Northwestern Pol	5:30.40
	1) #2664 Lydia Steinke 03	
	3) #2667 Jill van der Giessen 03	4) #2665 Sophia Steinke 03

<b>Event 52 Men 4x400 Meter Relay Open</b>		
<b>Team</b>	<b>Relay</b>	<b>Finals</b>
<b>Finals</b>		
1	Red Deer Polytechnic	3:43.50
	1) #2682 Axsivier Lawrence 95	2) #2678 Ethan Duret 03
	3) #2680 Ben House 04	4) #2686 Jayce Soley 04
2	Medicine Hat College	3:48.00
	1) #2651 Carson Schiller 00	2) #2645 Justin Jager 04
	3) #2654 Brannon Sumner 03	4) #2653 Gage Smith 04
3	Leth. College	3:49.60
	1) #2625 logan Danyluk	2) #2624 Chase Chambers
	3) #2626 Justin Fisher	4) #2641 Cooper Williams
4	Sait	B 3:55.40
	1) #2692 Odley Jean 03	2) #2695 Rylan Matthews 03
	3) #2699 Moktar Said 03	4) #2702 Kevin Seiny 03
5	U Alberta Augustana	3:56.30
	1) #2729 Joe Mwatha 03	2) #2727 Jared Gourley 04
	3) #2730 Ben Nawrot 01	4) #2731 Sam Nawrot 01
6	Northwestern Pol	4:03.70
	1) #2655 Jesse Loiselle 03	2) #2662 Kade Singer 03
	3) #2656 Colton Michel 03	4) #2658 Clinton Owusu 03
7	Concordia University	4:07.40
	1) #2616 Emilian Dumec 02	2) #2618 Domenico Marchese 03
	3) #2615 Leonard Chesoo 97	4) #2614 Taylor Chamberlin 02
8	Medicine Hat College	B 4:10.20
	1) #2649 Jaiden Romanuik 01	2) #2644 Shintaro Iwata 03
	3) #2646 Harrison Lawson 02	4) #2650 Becky Ross 87
9	St. Mary's U	4:14.90
	1) #2710 Nathan Kelba 03	2) #2709 Jack Herron 99
	3) #2715 Hamza Sakr 02	4) #2714 Daniel Quibell 99

5) Concordia University	18
6) St. Mary's University - Calgar	17
7) Leth. College	14
8) Northwestern Polytechnic	11
9) Prairie College	1

**Men - Open - Team Rankings - 6 Events Scored**

1) Red Deer Polytechnic	64.5
2) Leth. College	43.5
3) SAIT	39
4) Medicine Hat College	31
5) Concordia University	23
6) U Alberta Augustana	19
7) Northwestern Polytechnic	8
8) St. Mary's University - Calgar	3

**Combined Team Scores - Open - 12 Events Scored**

1) Red Deer Polytechnic	120.5
2) SAIT	85
3) Medicine Hat College	69
4) Leth. College	57.5
5) Concordia University	41
6) U Alberta Augustana	38
7) St. Mary's University - Calgar	20
8) Northwestern Polytechnic	19
9) Prairie College	1

**Women - Open - Team Rankings - 6 Events Scored**

1) Red Deer Polytechnic	56
2) SAIT	46
3) Medicine Hat College	38
4) U Alberta Augustana	19