

Covid-19 Diagnosed or Suspected Case Response Pathway

August 18, 2020

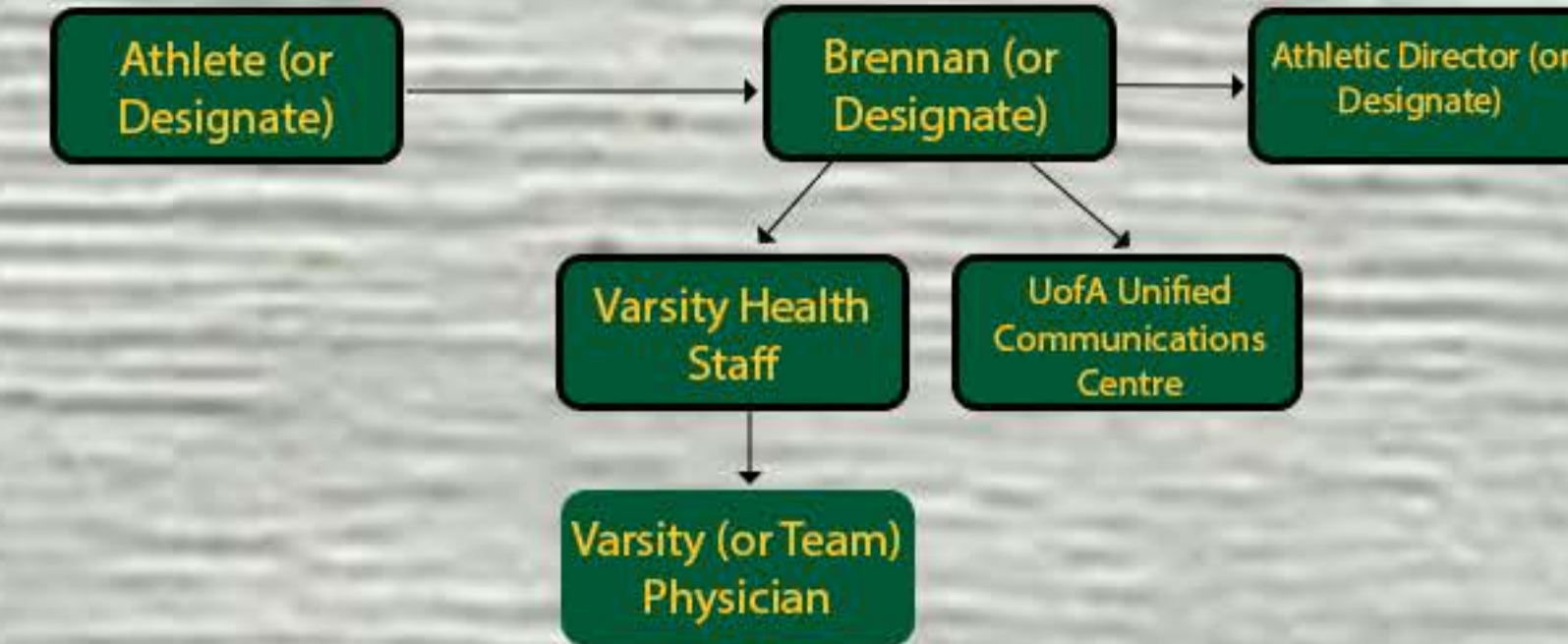
Are you symptomatic of Covid19?

Close Contact Requirements

If you are deemed a close contact of a person with a confirmed diagnosis of Covid19, you are legally required to self-isolate for 14 days - even if you are asymptomatic and regardless of the results of any tests you may have completed.

Complete AHS Screen & Self Isolate
Follow AHS Guidance (Contact 811)

Affiliates (Teammates) complete AHS Self Screen. Asymptomatic teammates may continue to train while awaiting results of their symptomatic teammate. High risk individuals may consider taking additional precautions



POSITIVE

NEGATIVE

Individual

Team & Staff

Individual

Team & Staff

Athlete must self-isolate for 10 days or until asymptomatic, whichever is longer

Complete AHS Screen
Cease all in person individual & team activities to allow for close contact tracing to occur

Athlete recommended to stay home until symptoms resolve.

Asymptomatic team and staff may return to normal training

Are you deemed a close contact?

YES

NO

Self-Isolate for 14 Days

Continue Training & Monitor

VIM Appointment (In Person)
Evaluate for other infectious diseases. May still require time away from team and training. Determined in VIM by Varsity Physician in consultation with Varsity Health Staff and Head Coach

- Considerations for Self-Isolation**
- Mental Health Resources
 - Modified Exercise Program
 - Appropriate at home set up (ie teammates living together)
 - Access to food
 - Educate on requirements of self isolation

VIM Appointment (In Person)
Following self-isolation period
May include additional health testing deemed appropriate by Varsity Physician

Commence Return to Sport Progressions
- Directed by Varsity Physician
- Coordinated by Varsity Health Staff
- Assisted by Head Coach, S&C and Athletics Administration
- Guided by current best practices available (Approx. 10 days)

VIM Appointment prior to full return to sport

Return to Sport (Monitor)

