

Vikings COVID-19 2021-22 Season Protocols

Vaccinations:

- Vikings student-athletes, coaches and staff will be required to show proof of vaccination in order to be eligible to participate during the 2021-22 season.
- If an individual chooses to not get vaccinated they will not be allowed to train in the gym with the team, use the fitness centre with the team, or travel with the team.
- An individual is considered fully vaccinated 14 days after they receive their second dose of a Health Canada approved COVID-19 vaccine.
- If an individual did not receive their vaccine in Canada (ex. An international student) and the vaccine they received is not approved by Health Canada, they will be required to get a Health Canada approved vaccine.
 - Approved vaccinations are Pfizer-BioNTech (2 doses), Moderna (2 doses), AstraZeneca/COVISHIELD (2 doses) and Janssen/Johnson & Johnson (1 dose).
- It could take up five weeks to become fully vaccinated (August 5th, 2021)
- [Alberta vaccination statistics](#)

Proof of vaccination:

- Athletes will be required to show proof of their vaccination status to their head coach starting on August 12nd in order to continue training. They will only need to show proof once.
- Head coaches will keep a checklist of who has been fully vaccinated, which will be shared with Vikings Administration.
- Head coaches do not have to keep a copy of anyone's proof of vaccination.
- The only proof of vaccination accepted will be a card from a pharmacy, a fully completed form from a COVID-19 vaccination clinic, proof from MyHealthAlberta, or a medical record signed by a healthcare provider licensed to administer a COVID-19 vaccine in Canada. If you have any questions or concerns about the validity of the proof, please contact Aly (acanders@ualberta.ca, (403)896-2223).

Illness during the season:

- If a student-athlete, coach or staff member becomes ill during the season it is highly recommended that they stay home.
- If a student-athlete becomes ill and needs to come to practice it will be the head coach's responsibility to decide where to "draw the line" or what safety measures will be taken. Some examples include:
 - Require the student-athlete to wear a mask in practice
 - Have that student-athlete practice skills away from the team
 - Require that student-athlete to socially distance (6 or more feet)
 - Have that student-athlete sit off the the side with a mask on
 - Not allow them to used the team room well sick
- It is important that each team has a plan and takes measures to ensure everyone on the team remains safe and healthy.

- Measures taken would be for student-athletes who have cold-like symptoms (cough, runny nose, sore throat, etc). Those who are severely ill (vomiting, etc.), should stay home.
- We need to re-evaluate what it means to push through illness, especially for the 2021-22 season.

What can be done to stay healthy and safe:

- Continue to use hand sanitizer
- Continue to clean equipment after training
- Wear a mask if you are sick
- Continue to use AHS COVID-19 health screenings regularly

Government of Alberta:

- Legal isolation is still required for individuals who have tested positive for COVID-19 or are exhibiting [core symptoms](#). Individuals *must* isolate until their symptoms are gone or for 10 days from the start of symptoms whichever is longer. A negative COVID-19 swab *may* absolve a person from isolation requirements. Individuals with other symptoms or with a negative COVID-19 swab should still stay home until they are symptom free for a minimum of 24 hours.
- Testing is recommended for anyone exhibiting any symptoms of COVID-19, core or otherwise. Residents of Alberta can book their test online after completing the [AHS Self-Assessment](#). Non residents of Alberta can book a test by calling 811
- A reminder that the University has its own robust contact tracing system in place. Anyone who has tested positive, become symptomatic or been in close contact with a confirmed case is required to report their circumstances to the COVID-19 Triage Team. Email Aly Andersen directly if anyone on your team may have contracted COVID-19.

[University of Alberta guidelines \(August 17th, 2021\):](#)

- Starting on September 1, all staff, students and faculty will be required to be fully vaccinated or undergo regular rapid testing. Students, faculty, and staff who are not fully vaccinated, and those who would prefer not to disclose their vaccine status, will need to regularly complete a rapid screening test and receive a negative result before they participate in in-person activities.
 - Members of the public, contractors and other individuals who work on or visit university campuses will also be required to be fully vaccinated or complete regular COVID-19 testing before coming to campus.
 - Prior to arriving on university campuses, all students, faculty and staff will be required to self-declare their vaccination status. An online tool to do so will be available by August 25. Additional details will be available at that time.
- The university requires that all faculty, staff, students and visitors to all U of A campuses wear non-medical face masks (masks) at all times in all university indoor common-use spaces — on its property, vehicles and leased spaces. This includes classrooms, labs, common areas in residences, and meeting rooms.
 - LIMITED EXCEPTIONS TO NON-MEDICAL MASKS/FACE COVERINGS ARE:

- When in enclosed in single-user spaces (e.g., office, cubicle, study room);
 - Working alone in a shared space;
 - Working outdoors and there is a minimum of 2 metres between people;
 - When an equivalent or higher protection PPE is already in use (e.g., N95 or better respirator, physical shields);
 - Working in a cubicle with plexiglass, wall or other barrier between people and not providing services to anyone;
 - When in personal residence units;
 - When actively eating or drinking in designated areas;
 - When participating in an activity where a mask cannot be worn, as determined by a hazard assessment (e.g., swimming, performance arts)
 - With a valid staff or student mask accommodation.
- To assist students who have been unable to get fully vaccinated prior to their arrival on campus, the U of A is hosting a series of mass COVID-19 vaccination clinics on Augustana Campus.
- Staff are to be encouraged to practice effective hygiene measures at all times including frequent hand washing and covering coughs/sneezes. Hand washing stations in faculty lounges, lunch rooms, and work areas should include proper hand washing signage and soap. Where hand washing facilities are not readily available the use of hand sanitizer is a good alternative.
- Where possible, travel on the right hand side, including in corridors, stairwells, and entranceways. In small areas/entrances allow users to exit the space before trying to enter.
- For the Fall term buildings will be open to all staff, students and the public during scheduled/normal operational periods.
- For the Fall term all common areas will be available for use. Occupants are reminded to follow good hand-hygiene practices following the use of any shared space.
- Common Area Controls:
 - Fabric/disposable, non-medical masks are strongly encouraged in all indoor common areas
 - Occupants should avoid touching door controls, other surfaces and their face
 - Occupants should wash their hands or use hand sanitizer when they arrive at their work location
- If students feel unwell, they should stay home and let their instructors know that they will be missing class. Complete the AHS COVID-19 health check, and follow the advice provided. In the event that a student tests positive for COVID-19 this Fall, they should contact their instructor(s) to let them know as soon as possible. Instructors will help connect them to the U of A's COVID-19 Rapid Response Triage Team.
 - Student-athletes should also contact their head coach, who should then contact Aly Andersen. From there the U of A's COVID-19 Rapid Response Triage Team will help support Vikings Athletics.
- Public health requirements may still change depending on local COVID-19 transmission rates and vaccination levels. The U of A will continue to follow the advice of public health

authorities on public safety measures, and post updates as applicable. As always, the safety of the university community will remain our top priority.

Game Day:

- During game days, Vikings student-athletes, coaches, and staff will be required to follow the protocols above.
- Visiting teams will be asked to follow the University of Alberta Protocols
- Fans will be encouraged to socially distance when attending games
 - At this time fans are only allowed to attend outdoor events (August 9th, 2021)
- Facilities will be frequently cleaned
- Equipment will be cleaned before and after games