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Foothills Track Facility - Site License 2019-03-16 - 12:03 PM
The Running Room ACAC Indoor Track Championships - 2019-03-15 to 20
Repsol Centre

Event 1 Women 300 Meter Dash Open

Name	Year School	Prelims	H#
Heat 1 Preliminaries			
1 Lydia Brown	Vikings, Camrose	45.51q	
2 Shaunice Burgers	Griffins, Edmonton	45.58q	
3 Maria Houle	Gprc Wolves, Grande	46.43q	
4 Tanis Lefebvre	St. Mary's U, Calgar	54.81	
Heat 2 Preliminaries			
1 Lauren Pasiuk	Kings/Queens, Red De	45.67q	
2 Brooklyn Vogel	Kodiaks, Lethbridge	48.00	
3 Kiersten Rajotte	Griffins, Edmonton	50.13	
4 Bethany Topping	St. Mary's U, Calgar	53.07	
Heat 3 Preliminaries			
1 Danna DeGagne	Kodiaks, Lethbridge	45.47q	
2 Ember Large	Griffins, Edmonton	47.06q	
3 Brittany Duvall	Gprc Wolves, Grande	52.40	
4 Sophia Della Rosa	St. Mary's U, Calgar	56.71	
Heat 4 Preliminaries			
1 Mienna Starosielski	Concordia, Edmonton	46.90q	
2 Anna van der Geissen	Gprc Wolves, Grande	48.38	
3 Kennedy Hay	Concordia, Edmonton	48.52	
4 Myroslava Koval	St. Mary's U, Calgar	53.54	
Heat 5 Preliminaries			
1 Shayla Sklaruk	Kings/Queens, Red De	44.29q	
2 Bailey Stang	Griffins, Edmonton	47.84	
3 Rebekka Hay	Concordia, Edmonton	48.21	
Preliminaries			
1 Shayla Sklaruk	Kings/Queens, Red De	44.29q	5
2 Danna DeGagne	Kodiaks, Lethbridge	45.47q	3
3 Lydia Brown	Vikings, Camrose	45.51q	1
4 Shaunice Burgers	Griffins, Edmonton	45.58q	1
5 Lauren Pasiuk	Kings/Queens, Red De	45.67q	2
6 Maria Houle	Gprc Wolves, Grande	46.43q	1
7 Mienna Starosielski	Concordia, Edmonton	46.90q	4
8 Ember Large	Griffins, Edmonton	47.06q	3
9 Bailey Stang	Griffins, Edmonton	47.84	5
10 Brooklyn Vogel	Kodiaks, Lethbridge	48.00	2
11 Rebekka Hay	Concordia, Edmonton	48.21	5
12 Anna van der Geissen	Gprc Wolves, Grande	48.38	4
13 Kennedy Hay	Concordia, Edmonton	48.52	4
14 Kiersten Rajotte	Griffins, Edmonton	50.13	2
15 Brittany Duvall	Gprc Wolves, Grande	52.40	3
16 Bethany Topping	St. Mary's U, Calgar	53.07	2
17 Myroslava Koval	St. Mary's U, Calgar	53.54	4
18 Tanis Lefebvre	St. Mary's U, Calgar	54.81	1
19 Sophia Della Rosa	St. Mary's U, Calgar	56.71	3

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Event 1 Women 300 Meter Dash Open

Name	Year School	Finals	Points
Section 1 Finals			
1 Maria Houle	Gprc Wolves,Grande	45.86	4
2 Lauren Pasiuk	Kings/Queens,Red De	46.04	3
3 Ember Large	Griffins,Edmonton	46.70	2
4 Mienna Starosielski	Concordia,Edmonton	47.99	1
Section 2 Finals			
1 Shayla Sklaruk	Kings/Queens,Red De	42.33	10
2 Shaunice Burgers	Griffins,Edmonton	44.87	8
3 Danna DeGagne	Kodiaks,Lethbridge	44.96	6
4 Lydia Brown	Vikings,Camrose	45.51	5

Name	Year School	Finals	H#	Points
Finals				
1 Shayla Sklaruk	Kings/Queens,Red De	42.33	2	10
2 Shaunice Burgers	Griffins,Edmonton	44.87	2	8
3 Danna DeGagne	Kodiaks,Lethbridge	44.96	2	6
4 Lydia Brown	Vikings,Camrose	45.51	2	5
5 Maria Houle	Gprc Wolves,Grande	45.86	1	4
6 Lauren Pasiuk	Kings/Queens,Red De	46.04	1	3
7 Ember Large	Griffins,Edmonton	46.70	1	2
8 Mienna Starosielski	Concordia,Edmonton	47.99	1	1

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Event 2 Men 300 Meter Dash Open

Name	Year School	Prelims
Heat 1 Preliminaries		
1 Andrei Pop	Griffins,Edmonton	38.31q
2 Brandon Morris	Concordia,Edmonton	38.89q
3 Kuljeet Singh	Kodiaks,Lethbridge	42.33
4 Jackson Murrell	Concordia,Edmonton	43.40
Heat 2 Preliminaries		
1 Brandon Tufford	Gprc Wolves,Grande	37.47q
2 Omar Medina	Griffins,Edmonton	38.62q
3 Tarias Fournier	Gprc Wolves,Grande	43.03
4 Jason Sprinkhuysen	St. Mary's U,Calgar	43.34
Heat 3 Preliminaries		
1 Caelen Begg	Griffins,Edmonton	37.70q
2 Foster Isiche	Kodiaks,Lethbridge	39.59q
3 Tristan Jochems	Kodiaks,Lethbridge	42.38
4 Dolan Saddleback	Kodiaks,Lethbridge	44.83
Heat 4 Preliminaries		
1 Connor Swaby	Griffins,Edmonton	37.72q
2 Joel Manz	Gprc Wolves,Grande	38.69q
3 Quinn Demers	St. Mary's U,Calgar	46.33
Heat 5 Preliminaries		
1 Reece Runco	Griffins,Edmonton	37.87q
2 Lucas Wessner	Kings/Queens,Red De	39.29q
3 Warren Emslie	Trojans,Calgary	42.04
4 Gabriel De Obieta	St. Mary's U,Calgar	52.36
Heat 6 Preliminaries		
1 Thomas Cross-Trush	Griffins,Edmonton	36.75q
2 Jakob Vollmerhaus	Kings/Queens,Red De	39.62
3 Marcus Bautista	Trojans,Calgary	40.73
4 Timothy Shapka	Vikings,Camrose	48.37
Heat 7 Preliminaries		
1 Brent Stephen	Trojans,Calgary	37.03q
2 Iqbal Singh	Trojans,Calgary	40.48
3 Tim Evans	St. Mary's U,Calgar	40.60

Name	Year School	Prelims	H#
Preliminaries			
1 Thomas Cross-Trush	Griffins,Edmonton	36.75q	6
2 Brent Stephen	Trojans,Calgary	37.03q	7
3 Brandon Tufford	Gprc Wolves,Grande	37.47q	2
4 Caelen Begg	Griffins,Edmonton	37.70q	3
5 Connor Swaby	Griffins,Edmonton	37.72q	4
6 Reece Runco	Griffins,Edmonton	37.87q	5
7 Andrei Pop	Griffins,Edmonton	38.31q	1
8 Omar Medina	Griffins,Edmonton	38.62q	2
9 Joel Manz	Gprc Wolves,Grande	38.69q	4
10 Brandon Morris	Concordia,Edmonton	38.89q	1
11 Lucas Wessner	Kings/Queens,Red De	39.29q	5
12 Foster Isiche	Kodiaks,Lethbridge	39.59q	3
13 Jakob Vollmerhaus	Kings/Queens,Red De	39.62	6
14 Iqbal Singh	Trojans,Calgary	40.48	7
15 Tim Evans	St. Mary's U,Calgar	40.60	7
16 Marcus Bautista	Trojans,Calgary	40.73	6
17 Warren Emslie	Trojans,Calgary	42.04	5
18 Kuljeet Singh	Kodiaks,Lethbridge	42.33	1
19 Tristan Jochems	Kodiaks,Lethbridge	42.38	3
20 Tarias Fournier	Gprc Wolves,Grande	43.03	2
21 Jason Sprinkhuysen	St. Mary's U,Calgar	43.34	2
22 Jackson Murrell	Concordia,Edmonton	43.40	1
23 Dolan Saddleback	Kodiaks,Lethbridge	44.83	3
24 Quinn Demers	St. Mary's U,Calgar	46.33	4
25 Timothy Shapka	Vikings,Camrose	48.37	6
26 Gabriel De Obieta	St. Mary's U,Calgar	52.36	5

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Event 2 Men 300 Meter Dash Open

Name	Year School	Finals	Points	
Section 1 Finals				
1 Joel Manz	Gprc Wolves,Grande	38.56	4	
2 Lucas Wessner	Kings/Queens,Red De	38.66	3	
3 Brandon Morris	Concordia,Edmonton	38.86	2	
4 Foster Isiche	Kodiaks,Lethbridge	39.24	1	
Section 2 Finals				
1 Reece Runco	Griffins,Edmonton	36.33	6	
2 Connor Swaby	Griffins,Edmonton	x36.39		
3 Andrei Pop	Griffins,Edmonton	x38.82		
4 Omar Medina	Griffins,Edmonton	x39.07		
Section 3 Finals				
1 Brent Stephen	Trojans,Calgary	35.61	10	
2 Thomas Cross-Trush	Griffins,Edmonton	36.17	8	
3 Brandon Tufford	Gprc Wolves,Grande	37.28	5	
4 Caelen Begg	Griffins,Edmonton	x38.39		
Name	Year School	Finals	H#	Points
Finals				
1 Brent Stephen	Trojans,Calgary	35.61	3	10
2 Thomas Cross-Trush	Griffins,Edmonton	36.17	3	8
3 Reece Runco	Griffins,Edmonton	36.33	2	6
4 Connor Swaby	Griffins,Edmonton	x36.39	2	
5 Brandon Tufford	Gprc Wolves,Grande	37.28	3	5
6 Caelen Begg	Griffins,Edmonton	x38.39	3	
7 Joel Manz	Gprc Wolves,Grande	38.56	1	4
8 Lucas Wessner	Kings/Queens,Red De	38.66	1	3
9 Andrei Pop	Griffins,Edmonton	x38.82	2	
10 Brandon Morris	Concordia,Edmonton	38.86	1	2
11 Omar Medina	Griffins,Edmonton	x39.07	2	
12 Foster Isiche	Kodiaks,Lethbridge	39.24	1	1

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Event 11 Women 600 Meter Run Open

Name	Year School	Finals	Points	
Section 1				
1 Sandra Garcia	Kings/Queens,Red De	1:45.51	5	
2 Lina Lim	Vikings,Camrose	2:12.01		
3 Chiedza Mutize	Vikings,Camrose	2:12.25		
Section 2				
1 Krista Frey	Gprc Wolves,Grande	x1:57.38		
2 Madison Masterson	Concordia,Edmonton	x2:02.45		
3 Daniella Wasielewski	Griffins,Edmonton	x2:08.87		
Section 3				
1 Bailey Stang	Griffins,Edmonton	x1:49.77		
2 Lauren Pasiuk	Kings/Queens,Red De	x1:49.82		
3 Karen Vandenborre	St. Mary's U,Calgar	1:56.92		
Section 4				
1 Anna van der Geissen	Gprc Wolves,Grande	1:47.69	4	
2 Maria Houle	Gprc Wolves,Grande	1:48.36	3	
3 Ana Zulic	Concordia,Edmonton	1:50.32	1	
4 Brooklyn Vogel	Kodiaks,Lethbridge	1:51.55		
Section 5				
1 Shayla Sklaruk	Kings/Queens,Red De	1:38.81	10	
2 Shaunice Burgers	Griffins,Edmonton	1:44.97	8	
3 Ember Large	Griffins,Edmonton	1:44.98	6	
4 Mienna Starosielski	Concordia,Edmonton	1:48.66	2	
===== Name Year School Finals H# Points =====				
Finals				
1 Shayla Sklaruk	Kings/Queens,Red De	1:38.81	5	10
2 Shaunice Burgers	Griffins,Edmonton	1:44.97	5	8
3 Ember Large	Griffins,Edmonton	1:44.98	5	6
4 Sandra Garcia	Kings/Queens,Red De	1:45.51	1	5
5 Anna van der Geissen	Gprc Wolves,Grande	1:47.69	4	4
6 Maria Houle	Gprc Wolves,Grande	1:48.36	4	3
7 Mienna Starosielski	Concordia,Edmonton	1:48.66	5	2
8 Bailey Stang	Griffins,Edmonton	x1:49.77	3	
9 Lauren Pasiuk	Kings/Queens,Red De	x1:49.82	3	
10 Ana Zulic	Concordia,Edmonton	1:50.32	4	1
11 Brooklyn Vogel	Kodiaks,Lethbridge	1:51.55	4	
12 Karen Vandenborre	St. Mary's U,Calgar	1:56.92	3	
13 Krista Frey	Gprc Wolves,Grande	x1:57.38	2	
14 Madison Masterson	Concordia,Edmonton	x2:02.45	2	
15 Daniella Wasielewski	Griffins,Edmonton	x2:08.87	2	
16 Lina Lim	Vikings,Camrose	2:12.01	1	
17 Chiedza Mutize	Vikings,Camrose	2:12.25	1	

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Event 12 Men 600 Meter Run Open

Name	Year School	Finals	Points	
Section 1				
1 Michael Stasuik	Vikings, Camrose	1:37.26		
2 Joshua Lawal	Vikings, Camrose	x1:45.28		
3 Frazer Connelly	Concordia, Edmonton	x1:48.15		
Section 2				
1 Kuljeet Singh	Kodiaks, Lethbridge	x1:36.20		
2 Jason Sprinkhuysen	St. Mary's U, Calgary	1:39.04		
3 Dolan Saddleback	Kodiaks, Lethbridge	x1:46.74		
Section 3				
1 Nathanael Tabert	Vikings, Camrose	1:32.46		
2 Marcus Bautista	Trojans, Calgary	x1:37.57		
3 Iqbal Singh	Trojans, Calgary	x1:37.96		
4 Brad Agnew	Concordia, Edmonton	x1:40.76		
Section 4				
1 Brice Wilkes	Gprc Wolves, Grande	1:33.32		
2 Warren Emslie	Trojans, Calgary	x1:35.17		
3 Tristan Jochems	Kodiaks, Lethbridge	1:35.68		
4 Tarias Fournier	Gprc Wolves, Grande	x1:39.33		
Section 5				
1 Jakob Vollmerhaus	Kings/Queens, Red De	x1:31.46		
2 Tim Evans	St. Mary's U, Calgary	1:31.50		
3 Taylor Hudak	Gprc Wolves, Grande	x1:33.91		
4 Jemmy Lee	Trojans, Calgary	x1:35.90		
Section 6				
1 Lucas Wessner	Kings/Queens, Red De	1:30.40	3	
2 Caelen Begg	Griffins, Edmonton	1:30.52	2	
3 Keith Spruyt	Concordia, Edmonton	1:31.60		
4 Tanner Rent	Kodiaks, Lethbridge	1:31.80		
Section 7				
1 Brandon Morris	Concordia, Edmonton	1:29.53	4	
2 Stephen Rowley	Kings/Queens, Red De	1:30.66	1	
3 Carson Schiller	Kings/Queens, Red De	x1:31.54		
Section 8				
1 Brent Stephen	Trojans, Calgary	1:22.74	10	
2 Brandon Tufford	Gprc Wolves, Grande	1:23.63	8	
3 Reece Runco	Griffins, Edmonton	1:26.22	6	
4 Brant Lauweryssen	Trojans, Calgary	1:27.88	5	
===== Name Year School Finals H# Points =====				
Finals				
1 Brent Stephen	Trojans, Calgary	1:22.74	8	10
2 Brandon Tufford	Gprc Wolves, Grande	1:23.63	8	8
3 Reece Runco	Griffins, Edmonton	1:26.22	8	6
4 Brant Lauweryssen	Trojans, Calgary	1:27.88	8	5
5 Brandon Morris	Concordia, Edmonton	1:29.53	7	4
6 Lucas Wessner	Kings/Queens, Red De	1:30.40	6	3
7 Caelen Begg	Griffins, Edmonton	1:30.52	6	2
8 Stephen Rowley	Kings/Queens, Red De	1:30.66	7	1
9 Jakob Vollmerhaus	Kings/Queens, Red De	x1:31.46	5	
10 Tim Evans	St. Mary's U, Calgary	1:31.50	5	
11 Carson Schiller	Kings/Queens, Red De	x1:31.54	7	
12 Keith Spruyt	Concordia, Edmonton	1:31.60	6	
13 Tanner Rent	Kodiaks, Lethbridge	1:31.80	6	
14 Nathanael Tabert	Vikings, Camrose	1:32.46	3	
15 Brice Wilkes	Gprc Wolves, Grande	1:33.32	4	
16 Taylor Hudak	Gprc Wolves, Grande	x1:33.91	5	
17 Warren Emslie	Trojans, Calgary	x1:35.17	4	
18 Tristan Jochems	Kodiaks, Lethbridge	1:35.68	4	
19 Jemmy Lee	Trojans, Calgary	x1:35.90	5	
20 Kuljeet Singh	Kodiaks, Lethbridge	x1:36.20	2	
21 Michael Stasuik	Vikings, Camrose	1:37.26	1	
22 Marcus Bautista	Trojans, Calgary	x1:37.57	3	
23 Iqbal Singh	Trojans, Calgary	x1:37.96	3	
24 Jason Sprinkhuysen	St. Mary's U, Calgary	1:39.04	2	
25 Tarias Fournier	Gprc Wolves, Grande	x1:39.33	4	
26 Brad Agnew	Concordia, Edmonton	x1:40.76	3	
27 Joshua Lawal	Vikings, Camrose	x1:45.28	1	
28 Dolan Saddleback	Kodiaks, Lethbridge	x1:46.74	2	
29 Frazer Connelly	Concordia, Edmonton	x1:48.15	1	

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Event 21 Women 1000 Meter Run Open

Name	Year School	Finals	Points	
Section 1				
1 Kylie Peake	Vikings,Camrose	3:43.50		
2 Deshann Valentine	Kings/Queens,Red De	x3:47.86		
3 Madison Masterson	Concordia,Edmonton	x3:50.21		
4 Kim McEwan	St. Mary's U,Calgar	3:56.98		
5 Mia Spreen	Vikings,Camrose	4:04.67		
6 Chiedza Mutize	Vikings,Camrose	x4:05.58		
7 Lina Lim	Vikings,Camrose	x4:06.09		
Section 2				
1 Brooklyn Vogel	Kodiaks,Lethbridge	3:21.74	3	
2 Cassandra Mastel-Marr	Griffins,Edmonton	x3:23.19		
3 Jill Stewart	Kings/Queens,Red De	3:24.75	1	
4 Karen Vandenborre	St. Mary's U,Calgar	3:30.48		
5 Amanda Vocke	Trojans,Calgary	3:31.34		
6 Daniella Wasielewski	Griffins,Edmonton	x3:48.29		
7 Krista Frey	Gprc Wolves,Grande	3:49.82		
Section 3				
1 Ember Large	Griffins,Edmonton	3:11.03	10	
2 Sandra Garcia	Kings/Queens,Red De	3:12.71	8	
3 Ana Zulic	Concordia,Edmonton	3:13.79	6	
4 Emma Steele	Griffins,Edmonton	3:15.88	5	
5 Ashley Tymkow	Griffins,Edmonton	x3:16.84		
6 Mienna Starosielski	Concordia,Edmonton	3:21.70	4	
7 Anna van der Geissen	Gprc Wolves,Grande	3:22.95	2	
Name	Year School	Finals	H#	Points
Finals				
1 Ember Large	Griffins,Edmonton	3:11.03	3	10
2 Sandra Garcia	Kings/Queens,Red De	3:12.71	3	8
3 Ana Zulic	Concordia,Edmonton	3:13.79	3	6
4 Emma Steele	Griffins,Edmonton	3:15.88	3	5
5 Ashley Tymkow	Griffins,Edmonton	x3:16.84	3	
6 Mienna Starosielski	Concordia,Edmonton	3:21.70	3	4
7 Brooklyn Vogel	Kodiaks,Lethbridge	3:21.74	2	3
8 Anna van der Geissen	Gprc Wolves,Grande	3:22.95	3	2
9 Cassandra Mastel-Marr	Griffins,Edmonton	x3:23.19	2	
10 Jill Stewart	Kings/Queens,Red De	3:24.75	2	1
11 Karen Vandenborre	St. Mary's U,Calgar	3:30.48	2	
12 Amanda Vocke	Trojans,Calgary	3:31.34	2	
13 Kylie Peake	Vikings,Camrose	3:43.50	1	
14 Deshann Valentine	Kings/Queens,Red De	x3:47.86	1	
15 Daniella Wasielewski	Griffins,Edmonton	x3:48.29	2	
16 Krista Frey	Gprc Wolves,Grande	3:49.82	2	
17 Madison Masterson	Concordia,Edmonton	x3:50.21	1	
18 Kim McEwan	St. Mary's U,Calgar	3:56.98	1	
19 Mia Spreen	Vikings,Camrose	4:04.67	1	
20 Chiedza Mutize	Vikings,Camrose	x4:05.58	1	
21 Lina Lim	Vikings,Camrose	x4:06.09	1	

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Event 22 Men 1000 Meter Run Open

Name	Year School	Finals	Points
Section 1			
1 Michio Green	Vikings, Camrose	2:50.82	2
2 Jemmy Lee	Trojans, Calgary	x2:56.26	
3 Taylor Hudak	Gprc Wolves, Grande	x2:58.23	
4 Brad Agnew	Concordia, Edmonton	x3:03.07	
5 Frazer Connelly	Concordia, Edmonton	x3:20.83	
Section 2			
1 Miguel Macedo	Gprc Wolves, Grande	2:47.84	3
2 Carson Schiller	Kings/Queens, Red De	2:52.29	
3 Brice Wilkes	Gprc Wolves, Grande	2:52.34	
4 Owen Guenette	Griffins, Edmonton	2:52.63	
5 Nathanael Tabert	Vikings, Camrose	2:53.00	
6 Tanner Rent	Kodiaks, Lethbridge	2:54.82	
Section 3			
1 Leonard Chesoo	Concordia, Edmonton	2:32.89	10
2 Matthew Travaglini	Trojans, Calgary	2:33.97	8
3 Matt Hope	Kings/Queens, Red De	2:36.15	6
4 Scott Kohlman	Griffins, Edmonton	2:41.02	5
5 Brant Lauweryssen	Trojans, Calgary	2:42.56	4
6 Keith Spruyt	Concordia, Edmonton	2:51.68	1
7 Stephen Rowley	Kings/Queens, Red De	x2:58.90	

Name	Year School	Finals	H#	Points
Finals				
1 Leonard Chesoo	Concordia, Edmonton	2:32.89	3	10
2 Matthew Travaglini	Trojans, Calgary	2:33.97	3	8
3 Matt Hope	Kings/Queens, Red De	2:36.15	3	6
4 Scott Kohlman	Griffins, Edmonton	2:41.02	3	5
5 Brant Lauweryssen	Trojans, Calgary	2:42.56	3	4
6 Miguel Macedo	Gprc Wolves, Grande	2:47.84	2	3
7 Michio Green	Vikings, Camrose	2:50.82	1	2
8 Keith Spruyt	Concordia, Edmonton	2:51.68	3	1
9 Carson Schiller	Kings/Queens, Red De	2:52.29	2	
10 Brice Wilkes	Gprc Wolves, Grande	2:52.34	2	
11 Owen Guenette	Griffins, Edmonton	2:52.63	2	
12 Nathanael Tabert	Vikings, Camrose	2:53.00	2	
13 Tanner Rent	Kodiaks, Lethbridge	2:54.82	2	
14 Jemmy Lee	Trojans, Calgary	x2:56.26	1	
15 Taylor Hudak	Gprc Wolves, Grande	x2:58.23	1	
16 Stephen Rowley	Kings/Queens, Red De	x2:58.90	3	
17 Brad Agnew	Concordia, Edmonton	x3:03.07	1	
18 Frazer Connelly	Concordia, Edmonton	x3:20.83	1	

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Event 31 Women 1500 Meter Run Open

Name	Year School	Finals	Points
Section 1			
1 Elise Nawrocki	Concordia,Edmonton	5:39.59	
2 Bailey Troccoli-Hughes	Concordia,Edmonton	x5:40.84	
3 Kailey Bratland	Gprc Wolves,Grande	5:42.13	
4 Anna LeBlanc	Kodiaks,Lethbridge	5:43.77	
5 Vildana ReKic	Kodiaks,Lethbridge	5:47.41	
6 Mackenzie Spinks	Kings/Queens,Red De	x5:51.06	
7 Rebecca Sweeney	Kodiaks,Lethbridge	x5:57.54	
8 Deshann Valentine	Kings/Queens,Red De	x6:00.26	
9 Kylie Peake	Vikings,Camrose	6:03.03	
10 Mia Spreen	Vikings,Camrose	x6:22.56	
Section 2			
1 Emma Steele	Griffins,Edmonton	5:11.20	10
2 Ember Large	Griffins,Edmonton	5:12.09	8
3 Sandra Garcia	Kings/Queens,Red De	5:12.38	6
4 Ashley Tymkow	Griffins,Edmonton	x5:13.74	
5 Ann Danard	Trojans,Calgary	5:14.55	5
6 Jill Stewart	Kings/Queens,Red De	5:19.74	4
7 Ana Zulic	Concordia,Edmonton	5:20.20	3
8 Catherine Alcorn	Vikings,Camrose	5:29.19	2
9 Cassandra Mastel-Marr	Griffins,Edmonton	x5:30.14	
10 Rebecca Johnson	St. Mary's U,Calgar	5:30.59	1
11 Caitlin Debree	Kings/Queens,Red De	x5:32.42	
12 Amanda Vocke	Trojans,Calgary	5:37.84	

Name	Year School	Finals	H#	Points
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Finals				
1 Emma Steele	Griffins,Edmonton	5:11.20	2	10
2 Ember Large	Griffins,Edmonton	5:12.09	2	8
3 Sandra Garcia	Kings/Queens,Red De	5:12.38	2	6
4 Ashley Tymkow	Griffins,Edmonton	x5:13.74	2	
5 Ann Danard	Trojans,Calgary	5:14.55	2	5
6 Jill Stewart	Kings/Queens,Red De	5:19.74	2	4
7 Ana Zulic	Concordia,Edmonton	5:20.20	2	3
8 Catherine Alcorn	Vikings,Camrose	5:29.19	2	2
9 Cassandra Mastel-Marr	Griffins,Edmonton	x5:30.14	2	
10 Rebecca Johnson	St. Mary's U,Calgar	5:30.59	2	1
11 Caitlin Debree	Kings/Queens,Red De	x5:32.42	2	
12 Amanda Vocke	Trojans,Calgary	5:37.84	2	
13 Elise Nawrocki	Concordia,Edmonton	5:39.59	1	
14 Bailey Troccoli-Hughes	Concordia,Edmonton	x5:40.84	1	
15 Kailey Bratland	Gprc Wolves,Grande	5:42.13	1	
16 Anna LeBlanc	Kodiaks,Lethbridge	5:43.77	1	
17 Vildana ReKic	Kodiaks,Lethbridge	5:47.41	1	
18 Mackenzie Spinks	Kings/Queens,Red De	x5:51.06	1	
19 Rebecca Sweeney	Kodiaks,Lethbridge	x5:57.54	1	
20 Deshann Valentine	Kings/Queens,Red De	x6:00.26	1	
21 Kylie Peake	Vikings,Camrose	6:03.03	1	
22 Mia Spreen	Vikings,Camrose	x6:22.56	1	

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Event 32 Men 1500 Meter Run Open

Name	Year School	Finals	Points	
Section 1				
1 Matthew Hebert	Trojans, Calgary	x4:45.40		
2 Noah Day	Vikings, Camrose	4:57.85		
3 Ian Novakowski	Concordia, Edmonton	x4:58.65		
4 Connor Jackson	Kodiaks, Lethbridge	x4:58.68		
5 Braeden Kelly	Vikings, Camrose	5:03.40		
6 Timothy Shapka	Vikings, Camrose	x5:27.88		
7 Jackson Sweder	Vikings, Camrose	x5:36.45		
Section 2				
1 Devin Saunders	Kings/Queens, Red De	x4:29.14		
2 Daryl Ross	Trojans, Calgary	x4:35.37		
3 Cooper Cheshire	Kings/Queens, Red De	x4:38.80		
4 Daniel Robdrup	Kodiaks, Lethbridge	4:41.62	1	
5 Eric Nooy	Gprc Wolves, Grande	4:42.11		
6 Tyler Larkin	Kodiaks, Lethbridge	4:42.15		
7 Keith Spruyt	Concordia, Edmonton	4:56.36		
Section 3				
1 Matthew Travaglini	Trojans, Calgary	3:57.91	10	
2 Leonard Chesoo	Concordia, Edmonton	4:02.70	8	
3 Matt Hope	Kings/Queens, Red De	4:08.57	6	
4 Scott Kohlman	Griffins, Edmonton	4:20.07	5	
5 Miguel Macedo	Gprc Wolves, Grande	4:22.48	4	
6 Daniel Szucs	Kings/Queens, Red De	4:27.47	3	
7 Jacques Saayman	Trojans, Calgary	4:30.43	2	
8 Owen Guenette	Griffins, Edmonton	4:44.42		
Name	Year School	Finals	H#	Points
Finals				
1 Matthew Travaglini	Trojans, Calgary	3:57.91	3	10
2 Leonard Chesoo	Concordia, Edmonton	4:02.70	3	8
3 Matt Hope	Kings/Queens, Red De	4:08.57	3	6
4 Scott Kohlman	Griffins, Edmonton	4:20.07	3	5
5 Miguel Macedo	Gprc Wolves, Grande	4:22.48	3	4
6 Daniel Szucs	Kings/Queens, Red De	4:27.47	3	3
7 Devin Saunders	Kings/Queens, Red De	x4:29.14	2	
8 Jacques Saayman	Trojans, Calgary	4:30.43	3	2
9 Daryl Ross	Trojans, Calgary	x4:35.37	2	
10 Cooper Cheshire	Kings/Queens, Red De	x4:38.80	2	
11 Daniel Robdrup	Kodiaks, Lethbridge	4:41.62	2	1
12 Eric Nooy	Gprc Wolves, Grande	4:42.11	2	
13 Tyler Larkin	Kodiaks, Lethbridge	4:42.15	2	
14 Owen Guenette	Griffins, Edmonton	4:44.42	3	
15 Matthew Hebert	Trojans, Calgary	x4:45.40	1	
16 Keith Spruyt	Concordia, Edmonton	4:56.36	2	
17 Noah Day	Vikings, Camrose	4:57.85	1	
18 Ian Novakowski	Concordia, Edmonton	x4:58.65	1	
19 Connor Jackson	Kodiaks, Lethbridge	x4:58.68	1	
20 Braeden Kelly	Vikings, Camrose	5:03.40	1	
21 Timothy Shapka	Vikings, Camrose	x5:27.88	1	
22 Jackson Sweder	Vikings, Camrose	x5:36.45	1	

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Event 41 Women 3000 Meter Run Open

Name	Year School	Finals	Points	
Section 1				
1 Elise Nawrocki	Concordia,Edmonton	11:52.27	2	
2 Rebecca Sweeney	Kodiaks,Lethbridge	11:57.13	1	
3 Kailey Bratland	Gprc Wolves,Grande	12:02.12		
4 Bailey Troccoli-Hughes	Concordia,Edmonton	12:23.73		
5 Vildana Rekić	Kodiaks,Lethbridge	12:35.71		
6 Anna LeBlanc	Kodiaks,Lethbridge	x12:40.94		
7 Mackenzie Spinks	Kings/Queens,Red De	x12:48.14		
Section 2				
1 Emma Steele	Griffins,Edmonton	10:53.16	10	
2 Ashley Tymkow	Griffins,Edmonton	10:57.33	8	
3 Jill Stewart	Kings/Queens,Red De	11:08.11	6	
4 Rebecca Johnson	St. Mary's U,Calgar	11:11.41	5	
5 Ann Danard	Trojans,Calgary	11:34.89	4	
6 Caitlin Debree	Kings/Queens,Red De	11:45.50	3	
7 Catherine Alcorn	Vikings,Camrose	12:27.06		
Name	Year School	Finals	H#	Points
Finals				
1 Emma Steele	Griffins,Edmonton	10:53.16	2	10
2 Ashley Tymkow	Griffins,Edmonton	10:57.33	2	8
3 Jill Stewart	Kings/Queens,Red De	11:08.11	2	6
4 Rebecca Johnson	St. Mary's U,Calgar	11:11.41	2	5
5 Ann Danard	Trojans,Calgary	11:34.89	2	4
6 Caitlin Debree	Kings/Queens,Red De	11:45.50	2	3
7 Elise Nawrocki	Concordia,Edmonton	11:52.27	1	2
8 Rebecca Sweeney	Kodiaks,Lethbridge	11:57.13	1	1
9 Kailey Bratland	Gprc Wolves,Grande	12:02.12	1	
10 Bailey Troccoli-Hughes	Concordia,Edmonton	12:23.73	1	
11 Catherine Alcorn	Vikings,Camrose	12:27.06	2	
12 Vildana Rekić	Kodiaks,Lethbridge	12:35.71	1	
13 Anna LeBlanc	Kodiaks,Lethbridge	x12:40.94	1	
14 Mackenzie Spinks	Kings/Queens,Red De	x12:48.14	1	

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Event 42 Men 3000 Meter Run Open

Name	Year School	Finals	Points	
Section 1				
1 Cooper Cheshire	Kings/Queens,Red De	x10:02.10		
2 Daniel Robdrup	Kodiaks,Lethbridge	10:04.43		
3 Tyler Larkin	Kodiaks,Lethbridge	10:13.44		
4 Eric Nooy	Gprc Wolves,Grande	10:27.65		
5 Connor Jackson	Kodiaks,Lethbridge	x10:31.89		
6 Ian Novakowski	Concordia,Edmonton	10:34.75		
7 Matthew Hebert	Trojans,Calgary	x10:35.68		
8 Noah Day	Vikings,Camrose	10:44.22		
9 Braeden Kelly	Vikings,Camrose	10:51.15		
10 Jackson Sweder	Vikings,Camrose	x12:06.84		
Section 2				
1 Matthew Travaglini	Trojans,Calgary	8:33.70	10	
2 Leonard Chesoo	Concordia,Edmonton	8:42.32	8	
3 Scott Kohlman	Griffins,Edmonton	9:26.51	6	
4 Devin Saunders	Kings/Queens,Red De	9:33.35	5	
5 Daniel Szucs	Kings/Queens,Red De	9:33.79	4	
6 Miguel Macedo	Gprc Wolves,Grande	9:34.16	3	
7 Daryl Ross	Trojans,Calgary	9:42.60	2	
8 Jacques Saayman	Trojans,Calgary	x9:54.82		
9 Owen Guenette	Griffins,Edmonton	9:59.18	1	
Name	Year School	Finals	H#	Points
Finals				
1 Matthew Travaglini	Trojans,Calgary	8:33.70	2	10
2 Leonard Chesoo	Concordia,Edmonton	8:42.32	2	8
3 Scott Kohlman	Griffins,Edmonton	9:26.51	2	6
4 Devin Saunders	Kings/Queens,Red De	9:33.35	2	5
5 Daniel Szucs	Kings/Queens,Red De	9:33.79	2	4
6 Miguel Macedo	Gprc Wolves,Grande	9:34.16	2	3
7 Daryl Ross	Trojans,Calgary	9:42.60	2	2
8 Jacques Saayman	Trojans,Calgary	x9:54.82	2	
9 Owen Guenette	Griffins,Edmonton	9:59.18	2	1
10 Cooper Cheshire	Kings/Queens,Red De	x10:02.10	1	
11 Daniel Robdrup	Kodiaks,Lethbridge	10:04.43	1	
12 Tyler Larkin	Kodiaks,Lethbridge	10:13.44	1	
13 Eric Nooy	Gprc Wolves,Grande	10:27.65	1	
14 Connor Jackson	Kodiaks,Lethbridge	x10:31.89	1	
15 Ian Novakowski	Concordia,Edmonton	10:34.75	1	
16 Matthew Hebert	Trojans,Calgary	x10:35.68	1	
17 Noah Day	Vikings,Camrose	10:44.22	1	
18 Braeden Kelly	Vikings,Camrose	10:51.15	1	
19 Jackson Sweder	Vikings,Camrose	x12:06.84	1	

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Event 51 Women 4x400 Meter Relay Open

School	Finals	Points
Section 1		
1 Lethbridge Kodiaks 'A'	4:38.32	4
1) Danna DeGagne	2) Rebecca Sweeney	
3) Vildana Rekic	4) Brooklyn Vogel	
2 MacEwan Griffins 'B'	x4:48.89	
1) Bailey Stang	2) Daniella Wasielewski	
3) Kiersten Rajotte	4) Cassandra Mastel-Marr	
3 Augustana Vikings 'A'	5:03.39	3
1) Lydia Brown	2) Mia Spreen	
3) Kylie Peake	4) Chiedza Mutize	
-- St. Mary's University Calgary 'A'	DQ	Rule 170.15
1) Karen Vandenborre	2) Bethany Topping	
3) Tanis Lefebvre	4) Rebecca Johnson	
Section 2		
1 Red Deer College 'A'	4:20.91	10
1) Lauren Pasiuk	2) Shayla Sklaruk	
3) Jill Stewart	4) Sandra Garcia	
2 MacEwan Griffins 'A'	4:22.80	8
1) Shaunice Burgers	2) Emma Steele	
3) Ashley Tymkow	4) Ember Large	
3 Concordia University Edmonton 'A'	4:35.57	6
1) Mienna Starosielski	2) Rebekka Hay	
3) Kennedy Hay	4) Ana Zulic	
4 Grande Prairie Regional 'A'	4:38.11	5
1) Brittany Duvall	2) Krista Frey	
3) Maria Houle	4) Anna van der Geissen	

School	Finals	H#	Points
Finals			
1 Red Deer College 'A'	4:20.91	2	10
1) Lauren Pasiuk	2) Shayla Sklaruk		
3) Jill Stewart	4) Sandra Garcia		
2 MacEwan Griffins 'A'	4:22.80	2	8
1) Shaunice Burgers	2) Emma Steele		
3) Ashley Tymkow	4) Ember Large		
3 Concordia University Edmonton 'A'	4:35.57	2	6
1) Mienna Starosielski	2) Rebekka Hay		
3) Kennedy Hay	4) Ana Zulic		
4 Grande Prairie Regional 'A'	4:38.11	2	5
1) Brittany Duvall	2) Krista Frey		
3) Maria Houle	4) Anna van der Geissen		
5 Lethbridge Kodiaks 'A'	4:38.32	1	4
1) Danna DeGagne	2) Rebecca Sweeney		
3) Vildana Rekic	4) Brooklyn Vogel		
6 MacEwan Griffins 'B'	x4:48.89	1	
1) Bailey Stang	2) Daniella Wasielewski		
3) Kiersten Rajotte	4) Cassandra Mastel-Marr		
7 Augustana Vikings 'A'	5:03.39	1	3
1) Lydia Brown	2) Mia Spreen		
3) Kylie Peake	4) Chiedza Mutize		
-- St. Mary's University Calgary 'A'	DQ	1	Rule 170.15
1) Karen Vandenborre	2) Bethany Topping		
3) Tanis Lefebvre	4) Rebecca Johnson		

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Event 52 Men 4x400 Meter Relay Open

Table with columns: School, Finals, Points. Contains results for Section 1, Section 2, Section 3, Section 4, and Finals. Each section lists relay teams with their members and times.

11 Lethbridge Kodiaks	'B'		x4:07.28	2	
1) Kuljeet Singh		2) Dolan Saddleback			
3) Connor Jackson		4) Tyler Larkin			
12 St. Mary's University Calgary	'A'		4:12.67	3	1
1) Tim Evans		2) Quinn Demers			
3) Jason Sprinkhuysen		4) Isaac Amsing			
13 Grande Prairie Regional	'B'		x4:17.71	1	
1) Tarias Fournier		2) Eric Nooy			
3) Taylor Hudak		4)			
14 Augustana Vikings	'B'		x4:34.13	2	
1) Braeden Kelly		2) Timothy Shapka			
3) Jackson Sweder		4) Noah Day			