

**2014 ACAC Indoor Track Championships**  
**March 7-8, 2014**  
**Hosted by MacEwan University - Edmonton Garrison**

**Womens 1500m Results**

Number	Name	School/Club	Seed	Time	Points
15	Jamie Wigmore	GPRC	04:53.96	04:47.78	10
36	Vanessa Trofimenkoff	GMU	04:45.59	04:48.27	8
46	Marriya Jenkins	CUCA	04:55.00	04:51.84	6
32	Lesley Koopman	GMU	04:52.88	04:52.52	5
4	Sara Hewitt	SAIT	05:09.33	05:05.95	4
1	Rebecca Gould	SAIT	04:53.86	05:14.05	3
24	Rachel Mckenzie	LCK	05:24.79	05:16.21	2
37	Jordanna Cota	RDC	05:16.71	05:18.27	1
26	Sarah Makowsky	LCK	05:26.69	05:18.65	
43	Shelby Edgar	CUCA	05:32.36	05:21.68	
25	Mikaela York	LCK	05:31.93	05:22.70	
16	Amanda Patteson	GPRC	05:29.99	05:27.74	
17	Kayla hardy	GPRC	05:27.10	05:28.13	
27	Sefrah Daviduck	LCK	05:46.47	05:33.59	
22	Mackenzie Koopmans	LCK	05:46.98	05:34.48	
2	Alison McPherson	SAIT	05:41.91	05:44.25	
38	Emily Maplethorpe	RDC	05:52.07	05:51.00	
3	Meg Jorgensen	SAIT	05:56.28	05:51.21	
7	Malorie Goasdoue	SAIT	06:04.06	05:58.67	
11	Taya Hoar	UAA	NT	06:02.00	
5	Megan Paxton	SAIT	06:12.63	06:09.74	
40	Laura Friesen	RDC	06:08.34	06:11.81	
13	Brianna Schultz	UAA	NT	06:25.30	
39	Samantha Debree	RDC	06:08.34	06:31.68	
9	Jennifer Dillon	UAA	06:34.00	06:39.97	
12	Siobahn McKenna	UAA	NT	06:45.91	
8	Ciara Bailey	UAA	07:02.00	06:49.10	
10	Emma Dyer	UAA	07:19.00	07:01.06	

**Womens 400m Results**

Number	Name	School/Club	Seed	Time	Points
15	Jamie Wigmore	GPRC	01:00.12	01:03.81	10
33	Amanda Ntiamoah	GMU	00:59.05	01:03.99	8
21	Caylee Vogel	LCK	01:06.73	01:04.58	6
29	Hattie Kanyo	LCK	NT	01:04.59	5
46	Marriya Jenkins	CUCA	01:03.54	01:05.80	4
24	Rachel Mckenzie	LCK	01:06.66	01:07.06	
34	Kayla Lee Pong	GMU	NT	01:07.83	3
23	Rebekah Moore	LCK	01:07.94	01:08.10	
43	Shelby Edgar	CUCA	01:06.89	01:09.25	2
17	Kayla hardy	GPRC	01:07.30	01:10.79	1
6	Bekki Olanski	SAIT	01:08.26	01:12.63	
28	Alaina Wiebe	LCK	NT	01:13.57	
44	Tania Eljurdi	CUCA	01:19.00	01:17.07	
31	Sarah Hong	GMU	NT	01:17.10	
42	Barbara Jackson	CUCA	01:20.75	01:17.38	
18	Feliz Ozgur	GPRC	01:21.50	01:17.79	
14	Hannah Vesely	UAA	NT	01:17.84	
2	Alison McPherson	SAIT	01:09.80	01:18.28	
19	Calla Scott	GPRC	01:18.01	01:20.39	
45	Patricia Jackson	CUCA	01:19.00	01:20.55	

**2014 ACAC Indoor Track Championships**  
**March 7-8, 2014**  
**Hosted by MacEwan University - Edmonton Garrison**

**Womens 3000m Results**

Number	Name	School/Club	Seed	Time	Points
36	Vanessa Trofimenkoff	GMU	11:01.48	10:48.39	10
46	Marriya Jenkins	CUCA	10:38.77	10:48.67	8
32	Lesley Koopman	GMU	11:02.34	10:50.98	6
4	Sara Hewitt	SAIT	11:04.32	10:55.93	5
25	Mikaela York	LCK	11:26.76	11:19.97	4
1	Rebecca Gould	SAIT	10:45.52	11:21.20	3
26	Sarah Makowsky	LCK	12:16.65	11:45.08	2
37	Jordanna Cota	RDC	11:25.27	11:46.38	1
16	Amanda Patteson	GPRC	11:58.42	11:50.11	
27	Sefrah Daviduck	LCK	12:22.20	11:56.08	
17	Kayla hardy	GPRC	11:51.82	11:57.25	
22	Mackenzie Koopmans	LCK	12:36.81	12:22.93	
30	Rachel Boyle	GMU	12:34.08	12:31.44	
11	Taya Hoar	UAA	13:00.00	13:01.02	
38	Emily Maplethorpe	RDC	13:05.55	13:01.30	
3	Meg Jorgensen	SAIT	13:24.98	13:12.20	
7	Malorie Goasdoue	SAIT	13:16.00	13:14.97	
40	Laura Friesen	RDC	NT	13:27.17	
5	Megan Paxton	SAIT	13:41.84	13:27.43	
13	Brianna Schultz	UAA	13:55.00	13:55.13	
9	Jennifer Dillon	UAA	NT	15:01.40	
10	Emma Dyer	UAA	15:08.00	16:13.43	

**Womens 800m Results**

Number	Name	School/Club	Seed	Time	Points
15	Jamie Wigmore	GPRC	02:20.88	02:21.76	10
32	Lesley Koopman	GMU	02:25.33	02:25.86	8
21	Caylee Vogel	LCK	02:31.29	02:27.20	6
24	Rachel Mckenzie	LCK	02:36.90	02:28.38	5
1	Rebecca Gould	SAIT	02:24.20	02:28.89	4
46	Marriya Jenkins	CUCA	02:25.00	02:31.17	3
36	Vanessa Trofimenkoff	GMU	02:25.99	02:32.49	2
23	Rebekah Moore	LCK	02:39.07	02:32.82	
29	Hattie Kanyo	LCK	NT	02:34.67	
4	Sara Hewitt	SAIT	02:28.40	02:34.96	1
43	Shelby Edgar	CUCA	02:37.22	02:37.61	
6	Bekki Olanski	SAIT	02:40.27	02:44.74	
35	Alexandra Robertson	GMU	02:43.87	02:45.37	
41	Catherine Alcorn	RDC	NT	02:45.83	
2	Alison McPherson	SAIT	02:44.00	02:48.22	
28	Alaina Wiebe	LCK	02:55.77	02:51.83	
14	Hannah Vesely	UAA	03:11.00	03:10.84	
19	Calla Scott	GPRC	03:17.78	03:11.04	
18	Feliz Ozgur	GPRC	03:12.78	03:14.49	
45	Patricia Jackson	CUCA	03:16.00	03:16.61	
12	Siobahn McKenna	UAA	NT	03:16.85	
8	Ciara Bailey	UAA	NT	03:18.72	

**2014 ACAC Indoor Track Championships**  
**March 7-8, 2014**  
**Hosted by MacEwan University - Edmonton Garrison**

**Womens 4 x 400m Relay Results**

<b>Name</b>	<b>School/Club</b>	<b>Seed</b>	<b>Time</b>	<b>Points</b>
MacEwan University	GMU	04:27.0	04:20.26	10
Lethbridge A	LCK	04:42.6	04:31.52	8
Grande Prairie	GPRC	04:47.6	04:40.20	6
Lethbridge B	LCK	04:50.8	04:47.51	
SAIT	SAIT	04:44.17	04:47.71	5
Concordia	CUCA	05:04.0	04:55.05	4
Red Deer College	RDC	04:55.2	05:06.99	3
Augustana	UAA	05:30.0	05:33.20	2

**Mens 1500m Results**

<b>Number</b>	<b>Name</b>	<b>School/Club</b>	<b>Seed</b>	<b>Time</b>	<b>Points</b>
64	Hayden Hollowell	GPRC	04:13.16	04:13.42	10
71	Solomon Ngetich	LCK	04:18.10	04:16.00	8
50	Kenton Sportak	SAIT	04:03.17	04:16.94	6
88	Kevin Chambers	CUCA	04:16.18	04:18.54	5
70	Edwin Kaitany	LCK	04:15.00	04:26.87	4
54	Matt Vrielink	SAIT	04:35.52	04:30.33	3
84	Devin Woodland	RDC	NT	04:31.55	2
83	Andrew Peters	GMU	04:30.60	04:34.04	1
91	Joel Perren	CUCA	04:35.63	04:35.25	
81	Adam Epp	GMU	04:31.38	04:39.49	
86	Andrew Jacobs	RDC	04:44.63	04:41.12	
82	Brady McDonald	GMU	04:42.23	04:41.66	
68	Riley Wallace	GPRC	NT	04:41.73	
53	Jordan Fish	SAIT	04:46.84	04:41.85	
78	Rodgers Komen	LCK	04:49.27	04:43.35	
76	Jordan Poytress	LCK	04:46.48	04:46.24	
85	Noah Arychuk	RDC	NT	04:46.84	
58	Warner Brown	UAA	NT	04:50.01	
52	Sean Hickey	SAIT	04:53.61	04:51.38	
63	Adam McKenzie	UAA	NT	04:54.15	
59	Michael Cole	UAA	NT	04:56.17	
60	Joedy Dalke	UAA	04:52.00	04:57.78	
57	Jared Billey	UAA	05:18.00	04:58.06	
69	Vaughn Marillier	GPRC	NT	04:59.39	
65	Sam West	GPRC	05:13.37	05:18.24	
62	Brandon Gruber	UAA	NT	05:19.33	

**2014 ACAC Indoor Track Championships**  
**March 7-8, 2014**  
**Hosted by MacEwan University - Edmonton Garrison**

**Mens 400m Results**

Number	Name	School/Club	Seed	Time	Points
50	Kenton Sportak	SAIT	00:52.64	00:52.58	10
72	Alex Andres	LCK	00:57.13	00:53.18	8
92	Ben Thomas	CUCA	00:53.00	00:53.76	6
71	Solomon Ngetich	LCK	00:53.44	00:55.28	5
89	Chris Gaertner	CUCA	00:54.46	00:55.34	4
80	Tyler Duce	GMU	00:59.13	00:55.79	3
74	Matt Horgus	LCK	00:58.08	00:56.70	
64	Hayden Hollowell	GPRC	00:52.87	00:56.75	2
73	Jeremy Ferguson	LCK	00:55.86	00:57.47	
54	Matt Vrielink	SAIT	NT	00:57.73	1
75	Andrew Kimosop	LCK	00:58.41	00:58.48	
66	Dylan Zambonelli	GPRC	00:57.39	00:59.80	
90	Cody Krantz	CUCA	01:00.00	00:59.85	
77	Sam Wabugwe	LCK	01:02.20	01:01.48	
79	Kyle Dong	GMU	00:59.78	01:02.53	
87	Kevin Buckel	RDC	01:04.42	01:06.71	
67	Rawat Gaurav	GPRC	NT	01:08.39	
56	Reece Bailey	UAA	NT	01:08.60	

**Mens 3000m Results**

Number	Name	School/Club	Seed	Time	Points
71	Solomon Ngetich	LCK	09:15.04	09:02.42	10
70	Edwin Kaitany	LCK	09:10.46	09:05.39	8
64	Hayden Hollowell	GPRC	09:10.21	09:12.09	6
88	Kevin Chambers	CUCA	10:03.00	09:42.03	5
55	Hans Asfeldt	UAA	10:05.00	09:45.04	4
84	Devin Woodland	RDC	NT	09:45.52	3
54	Matt Vrielink	SAIT	10:05.34	09:49.45	2
86	Andrew Jacobs	RDC	10:39.75	09:59.31	1
81	Adam Epp	GMU	09:45.03	10:02.25	
83	Andrew Peters	GMU	10:05.32	10:08.02	
53	Jordan Fish	SAIT	10:10.59	10:13.36	
91	Joel Perren	CUCA	10:22.08	10:13.68	
82	Brady McDonald	GMU	10:31.37	10:24.10	
52	Sean Hickey	SAIT	10:28.71	10:26.68	
85	Noah Arychuk	RDC	NT	10:29.29	
60	Joedy Dalke	UAA	NT	10:40.36	
59	Michael Cole	UAA	11:21.00	10:50.65	
57	Jared Billey	UAA	NT	10:53.87	
69	Vaughn Marillier	GPRC	NT	10:55.50	
58	Warner Brown	UAA	11:11.00	10:58.02	
62	Brandon Gruber	UAA	11:35.00	11:50.00	

**2014 ACAC Indoor Track Championships**  
**March 7-8, 2014**  
**Hosted by MacEwan University - Edmonton Garrison**

**Mens 800m Results**

<b>Number</b>	<b>Name</b>	<b>School/Club</b>	<b>Seed</b>	<b>Time</b>	<b>Points</b>
50	Kenton Sportak	SAIT	01:58.72	02:01.96	10
72	Alex Andres	LCK	02:01.06	02:03.10	8
88	Kevin Chambers	CUCA	02:01.21	02:03.83	6
71	Solomon Ngetich	LCK	02:05.52	02:06.18	5
51	Dmitry Kuleshov	SAIT	02:09.67	02:09.64	4
92	Ben Thomas	CUCA	02:07.37	02:10.77	3
80	Tyler Duce	GMU	02:18.49	02:12.91	2
63	Adam McKenzie	UAA	02:11.00	02:13.98	1
76	Jordan Poytress	LCK	02:20.48	02:14.67	
79	Kyle Dong	GMU	02:19.37	02:21.57	
81	Adam Epp	GMU	02:12.00	02:22.50	
65	Sam West	GPRC	02:31.60	02:26.45	
90	Cody Krantz	CUCA	02:28.00	02:26.73	
61	Ryan Dixon	UAA	NT	02:31.12	
56	Reece Bailey	UAA	NT	02:40.01	
67	Rawat Gaurav	GPRC	NT	02:41.25	
87	Kevin Buckel	RDC	02:39.61	02:41.60	

**Mens 4 x 400m Relay Results**

<b>Name</b>	<b>School/Club</b>	<b>Seed</b>	<b>Time</b>	<b>Points</b>
Concordia	CUCA	03:39.60	03:40.77	10
Lethbridge A	LCK	03:48.49	03:45.29	8
SAIT	SAIT	03:47.63	03:49.51	6
Lethbridge B	LCK	04:05.80	03:55.50	
Grande Prairie	GPRC	04:10.00	03:59.16	5
MacEwan University	GMU	03:59.23	03:59.40	4
Augustana A	UAA	04:05.00	04:15.19	3
Red Deer College	RDC	NT	04:21.37	2
Augustana B	UAA	04:28.00	04:38.82	

**2014 ACAC Indoor Track Championships**  
**March 7-8, 2014**  
**Hosted by MacEwan University - Edmonton Garrison**

**Team Results**

**Women**

	400m	800m	1500m	3000m	4x400m	Total
SAIT	0	5	7	8	5	25
RDC	0	0	1	1	3	5
LCK	11	11	2	6	8	38
UAA	0	0	0	0	2	2
CUCA	6	3	6	8	4	27
NAIT	0	0	0	0	0	0
GMU	11	10	13	16	10	60
GPRC	11	10	10	0	6	37

**Men**

	400m	800m	1500m	3000m	4x400m	Total
SAIT	11	14	9	2	6	42
RDC	0	0	2	4	2	8
LCK	13	13	12	18	8	64
UAA	0	1	0	4	3	8
CUCA	10	9	5	5	10	39
NAIT	0	0	0	0	0	0
GMU	3	2	1	0	4	10
GPRC	2	0	10	6	5	23

**Women**

GMU	60
LCK	38
GPRC	37
CUCA	27
SAIT	25
RDC	5
UAA	2
NAIT	0

**Men**

LCK	64
SAIT	42
CUCA	39
GPRC	23
GMU	10
RDC	8
UAA	8
NAIT	0