

Richelle Hoar	AUG	657	28:48	70	55	x						x										05:46
Barbara Jackson	CUCA	647	28:52	71	56	43		43														05:46
Kaylee Bannerman	LAKE	632	28:59	72	57	44								44								05:48
Feliz Ozgur	GPRC	624	29:35	73	58	x						x										05:55
Gladys Kurgat	LCK	668	30:01	74	59	x	x															06:00
Samantha Larke	CWTC	689	30:14	75														75			16	06:03
Kyra McNeil	LAKE	634	30:35	76	60	45							45									06:07
Dominique McCleary	STMU	617	30:36	77													77				17	06:07
Ricki Thiessen	STMU	618	30:42	78													78				18	06:08
Natasha Hepp	AUG	659	32:45	79	61	x						x										06:33
Megan Kent	LAKE	630	33:01	80	62	46							46									06:36
Meghan Wilcox	NAIT	616	33:08	81	63	47					47											06:38
Mikayla Minish	LAKE	628	33:12	82	64	48							48									06:38
Carol Cheung	AUG	662	34:44	83	65	x						x										06:57
Megan Laws	LAKE	629	35:19	84	66	49							49									07:04
Ola Otolatunde	LAKE	631	36:41	85	67	x							x									07:20

For more than 200 runners, unprotect worksheet, insert additional rows above this row, copy previous last row above this one, paste copied row into inserted rows, protect worksheet

# of runners scoring	85	67	49	6	6	6	4	6	3	6	6	6	0	0	3	5	0	1	1	8	18
# of non-scoring runners			18	4	6	2	0	1	0	3	1	1									
total best 4 runners				53	30	76	105	48		130	55	171				60					10
rank on best 4 runners				3	1	5	6	2		7	4	8									
total best 3 runners				35	18	51	62	27	103	93	28	125			219	37					6
rank on best 3 runners				4	1	5	6	2	8	7	3	9									
total best 3 women+best 3 men				45	61	101	153	54	185	136	63	231			460	48					46
rank on best 3 women and men				1	3	5	7	2	8	6	4	9									

LCK	SAIT	RDC	CUCA	GMU	NAIT	AUG	GPRC	LAKE	CITC	AAAC	STMU	RRAC	CALT	TAC	CWTC	Open
-----	------	-----	------	-----	------	-----	------	------	------	------	------	------	------	-----	------	------

note: ACAC team scores based on ACAC placing, whereas open and hs team scores based on overall placing