



|                 |      |     |       |    |    |   |  |  |   |   |  |  |  |    |  |  |  |  |    |    |       |       |
|-----------------|------|-----|-------|----|----|---|--|--|---|---|--|--|--|----|--|--|--|--|----|----|-------|-------|
| Mike Van Tighem | Open | 699 | 42:40 | 81 |    |   |  |  |   |   |  |  |  |    |  |  |  |  | 81 | 26 | 05:20 |       |
| Surinder Rayet  | NAIT | 717 | 44:25 | 82 | 56 | x |  |  | x |   |  |  |  |    |  |  |  |  |    |    | 05:33 |       |
| Andrew Ulicki   | STMU | 721 | 44:42 | 83 |    |   |  |  |   |   |  |  |  | 83 |  |  |  |  |    |    | 27    | 05:35 |
| Rawat Gaurav    | GPRC | 729 | 45:29 | 84 | 57 | x |  |  |   | x |  |  |  |    |  |  |  |  |    |    |       | 05:41 |
| Willy Garcia    | STMU | 722 | 50:02 | 85 |    |   |  |  |   |   |  |  |  | 85 |  |  |  |  |    |    | 28    | 06:15 |

For more than 200 runners, unprotect worksheet, insert additional rows above this row, copy previous last row above this one, paste copied row into inserted rows, protect worksheet

|                               |    |     |      |     |      |     |      |     |      |      |      |      |      |      |      |     |      |      |   |    |
|-------------------------------|----|-----|------|-----|------|-----|------|-----|------|------|------|------|------|------|------|-----|------|------|---|----|
| # of runners scoring          | 85 | 49  | 6    | 6   | 5    | 5   | 6    | 6   | 6    | 6    | 3    | 1    | 2    | 3    | 8    | 1   | 5    | 0    | 8 | 28 |
| # of non-scoring runners      |    | 8   | 0    | 2   | 0    | 0   | 0    | 4   | 1    | 1    | 0    |      |      |      |      |     |      |      |   |    |
| total best 4 runners          |    | 27  | 66   | 93  | 133  | 40  | 121  | 73  | 61   |      |      |      |      |      | 24   |     | 98   |      |   | 66 |
| rank on best 4 runners        |    | 1   | 4    | 6   | 8    | 2   | 7    | 5   | 3    |      |      |      |      |      |      |     |      |      |   |    |
| total best 3 runners          |    | 10  | 43   | 50  | 91   | 27  | 82   | 43  | 35   | 106  |      |      |      | 241  | 11   |     | 53   |      |   | 40 |
| rank on best 3 runners        |    | 1   | 4    | 6   | 8    | 2   | 7    | 4   | 3    | 9    |      |      |      |      |      |     |      |      |   |    |
| total best 3 women+best 3 men |    | 45  | 61   | 101 | 153  | 54  | 185  | 136 | 63   | 231  |      |      |      | 460  | 48   |     |      |      |   | 46 |
| rank on best 3 women and men  |    | 1   | 3    | 5   | 7    | 2   | 8    | 6   | 4    | 9    |      |      |      |      |      |     |      |      |   |    |
|                               |    | LOK | SAIT | RDC | CUCA | GMU | NAIT | AUG | GPRC | LAKE | CITC | AAAC | STMU | RRAC | CALT | TAC | CWTC | Open |   |    |

note: ACAC team scores based on ACAC placing, whereas open and hs team scores based on overall placing