

2011 ACAC Cross Country Championships

Hosted by SAIT

October 29, 2011

N.B. do NOT make any entries in or changes to this worksheet; changes should be made to "runners" and "raw results" unused rows or columns may be hidden

ACAC women's results

Runner	Team	Bib#	Time	Place	ACAC	SAIT	LAKE	KC	LC	RDC	AUG	CUCA	GMU	NAIT
Jodi Sanguin	RDC	183	19:16	1	1					1				
Mariya Jenkins	CUCA	125	19:56	2	2							2		
Alexandra Gordichuk	GMU	133	19:58	3	3								3	
Gladys Kochei	LC	114	20:37	4	4				4					
Jesslyn Begin	RDC	178	20:48	5	5					5				
Kalli Green	AUG	165	20:50	6	6						6			
Melissa Cable	RDC	180	20:52	7	7					7				
Isabella Englert	GMU	137	20:54	8	8								8	
Madeleine Clough	GPRC	142	20:56	9	9									
Shelby Crackston	NAIT	127	21:02	10	10									10
Lisa Curle	SAIT	101	21:11	11	11	11								
Elizabeth Derksen	GMU	135	21:18	12	12								12	
Rebecca Britton	SAIT	100	21:20	13	13	13								
Alison McPherson	SAIT	102	21:44	14	14	14								
Purity Kandie	LC	115	21:51	15	15				15					
Kristen Hansen	CUCA	122	21:55	16	16							16		
Kassi Boyd	GMU	138	22:03	17	17								17	
Glynis Milne	GMU	136	22:15	18	18								18	
Meagan Beauchamp	RDC	177	22:16	19	19					19				
Lena Farrow	GPRC	143	22:23	20	20									
Lauren Brookes	AUG	171	22:23	21	21						21			
Jackie Benning	GPRC	146	22:33	22	22									
Amanda Patteson	GPRC	145	22:34	23	23									
Karly Johnson	AUG	172	22:35	24	24						24			
Megan McAndrew	LAKE	110	22:39	25	25		25							
Robyn Kerr	GMU	140	22:54	26	26								26	
Catherine Alcorn	RDC	175	23:04	27	27					27				
Tess Krause	GMU	141	23:11	28	x								x	
Adrienne Killick	KC	113	23:11	29	28			28						
Kayla Hardy	GPRC	144	23:13	30	29									
Chassity Mohan	GPRC	148	23:14	31	30									
Amanda McWhan	RDC	182	23:17	32	31					31				
Natasha Lapointe	LC	118	23:23	33	32				32					
Jill Blashyn	SAIT	103	23:25	34	33	33								
Emily Cole	AUG	169	23:33	35	34						34			
Davis Alton	GPRC	147	23:39	36	x									
Dallas Buhr	LAKE	107	23:39	37	35		35							
Kate Blackett	RDC	179	23:44	38	x					x				
Kimberley Boulton	NAIT	130	23:45	39	36									36
Meagann Johnston	LC	116	23:49	40	37				37					
Andrea Von Engelhardt	NAIT	126	23:54	41	38									38
Amy Fleming	LC	117	23:59	42	39				39					

Maja Zimmermann	AUG	173	24:02	43	40							40	
Jennifer Paterson	AUG	168	24:09	44	41							41	
Nyepieth James	LC	119	24:15	45	42			42					
Emma Norris	AUG	166	24:16	46	x							x	
Lisette Aguilon	SAIT	105	24:21	47	43	43							
Barbara Jackson	CUCA	123	24:26	48	44							44	
Hannah Roberts	OC	158	24:27	49	45								
Alexis Clarke	GMU	134	24:35	50	x								x
Ilona Gyapay	AUG	170	24:37	51	x							x	
Chennaee Lapatak	NAIT	129	24:42	52	46								46
Mari McLachlan	AUG	174	24:43	53	x							x	
Kayla Anderson	RDC	176	24:50	54	x				x				
Deborah Powell	SAIT	104	25:00	55	47	47							
Carina Ness	GPRC	150	25:03	56	x								
Erin Corcoran	GPRC	152	25:22	57	x								
Mackenzie Srochenski-Fyf	OC	160	25:29	58	48								
Shaunacee McKay	OC	164	25:29	59	49								
Laura Friesen	RDC	181	25:31	60	x				x				
Kimberley McKinnon	NAIT	131	25:41	61	50								50
Lilit Houlder	NAIT	128	25:47	62	51								51
Vanessa Besharah	GPRC	149	25:48	63	x								
Calla Scott	GPRC	151	26:03	64	x								
Bonnie McNary	LAKE	111	26:04	65	52	52							
Rossalyn Telfer	SAIT	106	26:06	66	x	x							
Kaitlin Jarvis	CUCA	124	26:07	67	53							53	
Courtney Grosh	LAKE	108	26:09	68	54	54							
Jenna Backer	GPRC	156	26:20	69	x								
Linnea Saltel	GPRC	153	26:21	70	x								
Amanda Matier	GPRC	154	26:46	71	x								
Carly Pura	AUG	167	26:46	72	x							x	
Teal Knox	OC	159	27:34	73	55								
Michelle Zielinski	LAKE	109	27:39	74	56	56							
Hannah Tighe	GPRC	155	28:46	75	x								
Natalie Tryon	KC	112	29:12	76	57	57							
Tanille Cameron	OC	163	29:13	77	58								
Tina Lockhart	OC	161	29:36	78	59								
Zorica Djordjevic	OC	162	29:38	79	x								
Janis Brunke	NAIT	132	29:57	80	x								x
Karly Upshall	GPRC	157	35:05	81	x								

For more than 200 runners, unprotect worksheet, insert additional rows above this row, copy previous last row above t
paste copied row into inserted rows, protect worksheet

# of runners scoring	81	59	6	5	2	6	6	6	6	4	6	6
# of exhibition runners		22	1	0	0	0	3	4	0	2	1	
total best 4 runners			71	166		88	32	85	115	40	130	
rank on best 4 runners			3	9		6	1	5	7	2	8	
total best 3 runners			38	112		51	13	51	62	23	84	
rank on best 3 runners			3	9		4	1	4	7	2	8	
total best 3 women+best 3 men			83	216		65		76	156	40	168	
rank on best 3 women and men			4	8		2		3	6	1	7	

SAIT	LAKE	KC	LC	RDC	AUG	CUCA	GMU	NAIT
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s" sheets only;

GPRC	OC	Pace/km
		03:51
		03:59
		04:00
		04:07
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9		04:11
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29		04:39
30		04:39
		04:39
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		04:41
		04:43
x		04:44
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45	04:53
	04:55
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	04:56
	04:57
	04:58
	05:00
x	05:01
x	05:04
48	05:06
49	05:06
	05:06
	05:08
	05:09
x	05:10
x	05:13
	05:13
	05:13
	05:13
	05:14
x	05:16
x	05:16
x	05:21
	05:21
55	05:31
	05:32
x	05:45
	05:50
58	05:51
59	05:55
x	05:56
	05:59
x	07:01

this one,

6	6
10	1

74	197
4	10

51	142
4	10

94	247
5	9

GPRC	OC
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