

## Physiotherapy Services and Information for Cross Country Running

Triage (assessment):

Physiotherapy triage center

physiotherapist: Dean Prpick

location: trainers room in hallway outside Augustana gymnasium west door

times: 2:00 – 3:00 pm Monday 8:30-11:00 am Tuesday

appointments: sign up sheet on trainer's room door

appointment description: a quick screen with recommendations on how to proceed / who to see

Physiotherapy

appointments: to be arranged by student-athlete with a local physiotherapist

cost: covered

- parent plan (plan may pay directly or reimburse you for payment)
- UofA Student Union (SU) Plan (you pay and then submit for reimbursement)

note: you must either be covered by a parent plan (in which case you should opt out of the SU plan) or by the SU plan