CCAA XC Running National Championships

Hosted by Lionel-Groulx

November 11, 2017

Runner	School	Conf	Bib#	Time	Pace/km	Overall place	School place	Conf place	André-Laurendeau	Augustana UA	Édouard-Montpetit	Fanshawe	Garneau	GPRC	Humber College	Laurier Brantford	Lennoxville-Champlain	Lethbridge	Lévis-Lauzon	Lionel-Groulx	Mohawk	Red Deer	SAIT	Sherbrooke	Sheridan	St. Clair College	St.Lawrence Kingston	St-Lambert	UBCO	ACAC	OCAA	PACW	RSEQ
Matthew Travaglini	SAIT	ACAC	290	24:18	03:02	1	1	1															1							1			
Perry MacKinnon	Sherbrooke	RSEQ	299	24:58	03:07	2	2	2																2									2
Jacques Saayman	SAIT	ACAC	289	25:23	03:10	3	3	3															3							3			
Soufiane Sanba	André-Laurendeau	RSEQ	115	25:40	03:13	4	4	4	4																								4
Louis-Philippe Ringuet	Sherbrooke	RSEQ	301	25:49	03:14	5	5																	5									
Dominic Perreault	Sherbrooke	RSEQ	300	25:56	03:15	6	6	5																6									5
Tyler Jones	St. Clair College	OCAA	324	26:07	03:16	7	7	6																		7					6		
Andrew Brown	St.Lawrence Kingston	OCAA	328	26:10	03:16	8	8	7																			8				7		
Christopher Caddey	Fanshawe	OCAA	158	26:13	03:17	9	9	8				9																			8		
Jordan Kadlecik	Fanshawe	OCAA	159	26:24	03:18	10	10	9				10																			9		
Abderaouf Hani	André-Laurendeau	RSEQ	114	26:26	03:18	11	11		11																								
Alastair Thompson	Fanshawe	OCAA	162	26:32	03:19	12	12	10				12																			10		
Pierre-Yves Normandin	Jonquière	RSEQ	207	26:34	03:19	13																											
Michael Mitchell	UBCO	PACW	353	26:37	03:20	14	13	11																					13			11	
Cole Bond	Sheridan	OCAA	310	26:41	03:20	15	14	12																	14						12		
Daryl Ross	SAIT	ACAC	288	26:43	03:20	16	15	13															15							13			
Justine Attfield	Fanshawe	OCAA	156	26:45	03:21	17	16					16																					
Jeremie Martin	St-Lambert	RSEQ	336	26:49	03:21	18	17	14																				17					14
Karim Boussikouk	André-Laurendeau	RSEQ	112	26:51	03:21	19	18		18																								
Brandon Wladyko	GPRC	ACAC	191	26:51	03:21	20	19	15						19																15			
Alexis Froment	Lévis-Lauzon	RSEQ	237	26:53	03:22	21	20	16											20														16
Zed Roy	Édouard-Montpetit	RSEQ	148	26:58	03:22	22	21				21																						
Kale Heino	UTM	OCAA	362	27:00	03:23	23																											
Nicolas Riopel	Lionel-Groulx	RSEQ	249	27:00	03:23	24	22													22													
Abdelmalek Benbachir	André-Laurendeau	RSEQ	111	27:01	03:23	25	23		23																								
Félix Lafortune-Cazale	Ahuntsic	RSEQ	106	27:04	03:23	26		17																									17
Jason Laporta	Mohawk	OCAA	256	27:04	03:23	27	24														24												
Kyle Rooke	Mohawk	OCAA	259	27:10	03:24	28	25														25												
Jérémie Lépine	Sherbrooke	RSEQ	298	27:14	03:24	29	26																	26									
Erik Rust	Augustana UA	ACAC	128	27:16	03:24	30	27	18		27																				18			
David Dubé	Sherbrooke	RSEQ	297	27:17	03:25	31	28																	28									
Brant Lauweryssen	SAIT	ACAC	287	27:17	03:25	32	29	19															29							19			
Adam Wass	Red Deer	ACAC	276	27:22	03:25	33	30															30											
Owen Harris	UBCO	PACW	351	27:23	03:25	34	31	20																					31			20	
Charles Langlois	Lionel-Groulx	RSEQ	247	27:25	03:26	35	32													32													
Spencer Jackson	Lethbridge	ACAC	226	27:25	03:26	36	33											33															
Zach Buchan	Fanshawe	OCAA	157	27:26	03:26	37	34					34																					
Gavin Wesley	St. Clair College	OCAA	326	27:28	03:26	38	35																			35							
Matthieu Martin	Augustana UA	ACAC	126	27:28	03:26	39	36			36																							
Aaron Veenstra	Humber College	OCAA	202	27:29	03:26	40	37								37																		
Alexis Deslauriers	Lionel-Groulx	RSEQ	246	27:30	03:26	41	38													38													
Julien Perreault-Roberge	Jean-de-Brébeuf	RSEQ	205	27:31	03:26	42		21																									21
Dean Vanherpe	Fanshawe	OCAA	163	27:31	03:26	43	39					39																					
Kyler Norton	Mohawk	OCAA	257	27:33	03:27	44	40														40												
Joedy Dalke	Augustana UA	ACAC	124	27:35	03:27	45	41	22		41																				22			
Andre Tomasian	St. Clair College	OCAA	325	27:37	03:27	46	42																			42							
Amine El Harrar	André-Laurendeau	RSEQ	113	27:38	03:27	47	43		43																								
Alex Howells	SAIT	ACAC	286	27:38	03:27	48	44																44										
Shawn Acrey	Humber College	OCAA	198	27:40	03:28	49	45								45																		

Jake Thomson	Humber College	OCAA	201	27:41	03:28	50	46								46																			
Simon Wells	Humber College	OCAA	203	27:44	03:28	51	47								47																			
Matthew Lazano	Centennial	OCAA	132	27:44	03:28	52		23																							23			
Durell Rots	Lethbridge	ACAC	231	27:48	03:29	53	48											48																
Abdul-Ahad Naim	Laurier Brantford	OCAA	210	27:52	03:29	54	49									49																		
Michio Green	Augustana UA	ACAC	125	27:52	03:29	55	50			50																								
Matthew Reeve	Sheridan	OCAA	313	27:54	03:29	56	51																		51									
Filip Mainville	Jean-de-Brébeuf	RSEQ	204	27:59	03:30	57																												
Alex Ball	Sheridan	OCAA	309	28:02	03:30	58	52																		52									
Francis Juneau	St-Lambert	RSEQ	335	28:03	03:30	59	53																					53						
Chris Tomlinson	Humber College	OCAA	365	28:04	03:31	60	54								54																			
Jean-Christophe Veilleux	Édouard-Montpetit	RSEQ	149	28:07	03:31	61	55				55																							
Devon Gurney	Red Deer	ACAC	274	28:07	03:31	62	56														56													
David Girardin	Garneau	RSEQ	174	28:07	03:31	63	57						57																					
Brendan Saunders	Sheridan	OCAA	314	28:12	03:31	64	58																		58									
Isaac Fraser	St.Lawrence Kingston	OCAA	329	28:15	03:32	65	59																				59							
Philippe Huard	Garneau	RSEQ	175	28:16	03:32	66	60						60																					
Kieran Thornell	DAL-AC	ACAA	137	28:18	03:32	67																												
Léo Pélisse	Garneau	RSEQ	177	28:21	03:33	68	61						61																					
Evans Vadnai	UBCO	PACW	355	28:22	03:33	69	62	24																					62			24		
Didier Kenol-Tomway	Garneau	RSEQ	176	28:23	03:33	70	63						63																					
Simon Crowley	Laurier Brantford	OCAA	208	28:24	03:33	71	64									64																		
Justin Jakeman	Fleming	OCAA	165	28:25	03:33	72																												
Graiden Maynard	Humber College	OCAA	199	28:30	03:34	73	65								65																			
Matthew Vandegriff	SAIT	ACAC	291	28:31	03:34	74	66															66												
Drew Horner	Laurier Brantford	OCAA	209	28:32	03:34	75	67									67																		
Alexis Denault-Lemaire	Garneau	RSEQ	172	28:36	03:35	76	68						68																					
Garrett Murphy	Sheridan	OCAA	312	28:37	03:35	77	69																		69									
Simon Prince	Lionel-Groulx	RSEQ	248	28:38	03:35	78	70													70														
Frédérik Rivard	Sherbrooke	RSEQ	302	28:38	03:35	79	71																	71										
Andrew Convery	Sheridan	OCAA	311	28:39	03:35	80	72																		72									
Justin Folkeringa	St. Clair College	OCAA	323	28:39	03:35	81	73																			73								
Miguel Laroche-Marcotte	Lennoxville-Champlain	RSEQ	217	28:39	03:35	82	74										74																	
Derek Veenstra	Conestoga	OCAA	134	28:40	03:35	83																												
Mohamed Zeghir	André-Laurendeau	RSEQ	116	28:42	03:35	84	75		75																									
Haseeb Malik	UTM	OCAA	364	28:43	03:35	85																												
Shawn Belanger	Cambrian	OCAA	131	28:45	03:36	86																												
William Payette	Édouard-Montpetit	RSEQ	147	28:46	03:36	87	76				76																							
Francis Fortin	Garneau	RSEQ	173	28:46	03:36	88	77						77																					
Dayton Bath	UBCO	PACW	350	28:47	03:36	89	78	25																					78			25		
Craig Van Manen	Laurier Brantford	OCAA	212	28:50	03:36	90	79									79																		
Matthew Lebolloch	Lennoxville-Champlain	RSEQ	218	28:50	03:36	91	80										80																	
Michael Mackett	St.Lawrence Kingston	OCAA	331	28:52	03:37	92	81																				81							
Quinn Middleton	UBCO	PACW	352	28:58	03:37	93	82	26																					82			26		
Daniel Robdrup	Lethbridge	ACAC	230	29:02	03:38	94	83											83																
Samuel Côté	St-Lambert	RSEQ	334	29:02	03:38	95	84																					84						
Jeremy Burg	St-Lambert	RSEQ	333	29:07	03:38	96	85																					85						
Alex Spice	UBCO	PACW	354	29:13	03:39	97	86	27																					86			27		
Eric Nooy	GPRC	ACAC	188	29:20	03:40	98	87							87																				
Lucas Wessner	Red Deer	ACAC	278	29:31	03:41	99	88														88													
Benjamin Osorio	Augustana UA	ACAC	127	29:32	03:42	100	89			89																								
Cory DeRaadt	Red Deer	ACAC	273	29:36	03:42	101	90														90													
Dayton Jans	Lethbridge	ACAC	227	29:38	03:42	102	91											91																
Louis-Philippe Côté	Lévis-Lauzon	RSEQ	235	29:39	03:42	103	92												92															
David Cloutier	Lévis-Lauzon	RSEQ	234	29:45	03:43	104	93												93															
John Krause	Lethbridge	ACAC	229	29:49	03:44	105	94											94																
Sheldon Wilcox	Mohawk	OCAA	260	29:49	03:44	106	95																95											
Antoine Allie	Lionel-Groulx	RSEQ	245	29:52	03:44	107	96													96														
Ryan Bell	St. Clair College	OCAA	321	29:55	03:44	108	97																			97								
Antoine Ruel	Lévis-Lauzon	RSEQ	238	30:00	03:45	109	98												98															
Jacob Duchaine	Édouard-Montpetit	RSEQ	146	30:03	03:45	110	99				99																							
Lucas Boucher	Édouard-Montpetit	RSEQ	144	30:04	03:45	111	100				100																							
Francis Chapdelaine	Édouard-Montpetit	RSEQ	145	30:05	03:46	112	101				101																							
Marc Sfeir	Lionel-Groulx	RSEQ	250	30:05	03:46	113	102													102														
Ian Guthrie	St.Lawrence Kingston	OCAA	330	30:08	03:46	114	103																				103							
Jerrett Putt	Laurier Brantford	OCAA	211	30:19	03:47	115	104									104																		

									André-Laurendeau	Augustana UA	Édouard-Montpetit	Fanshawe	Garneau	GPRC	Humber College	Laurier Brantford	Lennoxville-Champlain	Lethbridge	Lévis-Lauzon	Lionel-Groulx	Mohawk	Red Deer	SAIT	Sherbrooke	Sheridan	St. Clair College	St.Lawrence Kingston	St-Lambert	UBCO	ACAC	OCAA	PACW	RSEQ
Raphael Christin	Lennoxville-Champlain	RSEQ	216	30:24	03:48	116	105										105																
Kyle Culberson	DAL-AC	ACAA	136	30:27	03:48	117																											
Nils Asfeldt	Augustana UA	ACAC	123	30:29	03:49	118	106			106																							
Caleb Weber	Red Deer	ACAC	277	30:34	03:49	119	107															107											
Nicolas Cusson	Lévis-Lauzon	RSEQ	236	30:45	03:51	120	108												108														
David Trépanier	Lennoxville-Champlain	RSEQ	219	30:45	03:51	121	109										109																
Evans Korir	Lethbridge	ACAC	228	31:01	03:53	122	110											110															
Stephen Rowley	Red Deer	ACAC	275	31:03	03:53	123	111															111											
Nicolas Bouchard	Lévis-Lauzon	RSEQ	233	31:04	03:53	124	112												112														
Kyle Reynolds	GPRC	ACAC	189	31:36	03:57	125	113							113																			
Nicholas Cull	St. Clair College	OCAA	322	32:42	04:05	126	114																		114								
Jarred St.Arnault	GPRC	ACAC	190	32:46	04:06	127	115							115																			
Gallacher Patterson	Mohawk	OCAA	258	33:51	04:14	128	116														116												
Dylan Colquhoun	Mohawk	OCAA	255	34:00	04:15	129	117														117												
Justin Vilcu	St.Lawrence Kingston	OCAA	332	36:48	04:36	130	118																			118							
	# of runners scoring					130	118	27	6	6	6	6	6	4	6	5	4	6	6	6	6	6	6	6	6	5	4	6	7	7	6	7
	# of runners total								6	6	6	6	6	4	6	5	4	6	6	6	6	6	6	6	6	5	4	6	28	46	6	48
	team total points (4 runners for school; 5 runners for conf):								56	154	251	47	241	334	175	259	368	255	303	162	184	264	48	39	175	157	251	239	184	50	40	106	41
	team rank:								4	5	14	2	13	20	8	17	21	16	19	7	11	18	3	1	9	6	15	12	10	3	1	4	2