

ACAC INDOOR TRACK CHAMPIONSHIPS INFORMATION

Location:	Talisman Centre, Calgary, AB 2225 Macleod Trail SE	
Date:	Friday, Feb 26 & Saturday, Feb 27	
Distances & Starting Times:	3000m	Friday 5:30 (women) 6:00 (men)
	300m	Friday heats/finals 6:30/7:30 (women) Friday 6:45/7:36 (men)
	1000m	Friday 7:10 (women) 7:20 (men)
	600m	Saturday 11:45 (women) 12:05 (men)
	1500m	Saturday 12:25 (women) 12:45 (men)
	4x400m	Saturday 13:15 (women) 13:33 (men)
Runners going:	Everyone who indicated.	
Transportation:	2 – 3 cars, driving in convoy	
Vehicle Loading:	Friday 1:00 pm in parking lot outside Faith and Life front entrance	
Leave Augustana:	Friday 1:05 pm (we will not wait for latecomers)	
Arrive Calgary:	Friday 4:30 pm	
Leave Calgary:	Saturday 5:30 pm (after the awards presentation/lunch)	
Arrive Augustana:	Saturday 10:00 pm	
Calgary accommodations:	to be determined	
Facilities:	Change rooms and showers; lockers; bring own towel and lock or bring belongings to track; preferably have your running gear on before Augustana departure	
Awards banquet:	Saturday 3:00 pm 4 Nines, SAIT Campus, John Ware Building \$40 cost!!; casual apparel Will we do this? Do we have a choice? It would have to be paid for by individuals	