

## **CALGARY INDOOR TRACK RACE INFORMATION**

Location:	University of Calgary – Jack Simpson Track Collegiate Blvd NW Calgary
Date:	Sunday, February 1
Distances & Starting Times:	300m, 3000m, 600m, 4x400m 1:30 - 5:30 pm as per meet package schedule
Runners going:	Everyone who indicated.
Vehicle Loading:	8:30 am in parking lot outside Faith and Life front entrance
Leave Augustana:	8:35 am (we will not wait for latecomers – preferably have your running gear on)
Arrive Calgary:	11:50 am
Leave Calgary:	6:30 pm
Arrive Augustana:	9:30 pm (this may be optimistic)
Facilities:	Change rooms and showers; no lockers, bring belongings to track
Breakfast / Lunch:	Eat breakfast before we leave / bring lunch for eating on way