

2017 ACAC Indoor Track - 2017-01-28**Kinsmen Field House****Results****Women 300 Metre Dash Open**

Prov. Indoor: # 37.17 1988-02-05 Jillian Richardson (1965), CS; Sindelfing
 ACAC: + 41.81 2016-02-27 Amanda Ntiamoah, GMU; Calgary
 ACAC Champs: ~ 41.81 2016-02-27 Amanda Ntiamoah, GMU; Calgary

Name	Year	Team	Seed	Finals	H#	Points
Finals						
1 Valerie Schlottke	98	MacEwan University	42.86	42.89	3	10
2 Sydney Maziarz	97	MacEwan University	43.14	43.03	3	8
3 Sadie Borgfjord	98	Red Deer College	51.00	44.65	2	6
4 Kayla Enders	97	Lethbridge College	44.00	44.88	3	5
5 Kelsey Bishop	98	Grande PrairieRC	51.00	46.42	2	4
6 Mienna Starosielski	99	Concordia U	48.00	46.50	2	3
7 Janai Martens	98	Grande PrairieRC	46.00	46.87	3	2
8 Ellen Pedersen	98	Lethbridge College	46.00	47.40	3	1
9 Teagan Shapka	98	Red Deer College	54.00	50.06	1	
10 Karina Manz	96	Grande PrairieRC	53.00	x50.28	1	
11 Marissa Hsu	98	Lethbridge College	47.00	x50.54	2	
12 Haley Dunwoodie	95	Concordia U	48.00	51.61	2	
-- Lydia Brown	98	U Alberta Augustana	55.00	DQ	1	Rule 163.3
-- Breanna Melnechenko	96	Sait	50.00	DNS	2	
-- Nikita Case	97	MacEwan University	42.27	DNS	3	

Women 600 Metre Run Open

Prov. Indoor: # 1:28.40 2014-03-08 Rachel Francois (1992), UNAB; Edmonton, AB
 ACAC: + 1:36.70 2017-01-20 Nikita Case, GMU; Edmonton
 ACAC Champs: ~ 1:38.30 2015-02-28 Jamie Wigmore, GPRC; CFB Edmonton

Name	Year	Team	Seed	Finals	H#	Points
1 Nikita Case	97	MacEwan University	1:38.56	1:36.16+	3	10
2 Ricki Doyle	95	Sait	1:43.60	1:45.69	3	8
3 Maria Houle	91	Grande PrairieRC	1:52.00	1:46.02	3	6
4 Kayla Enders	97	Lethbridge College	1:52.00	1:47.30	3	5
5 Sadie Borgfjord	98	Red Deer College	1:54.00	1:47.83	2	4
6 Shaelyn Moltzahn	97	Red Deer College	1:54.00	1:50.09	3	3
7 Brittany Duvall	98	Grande PrairieRC	1:54.00	1:50.56	3	2
8 Anna Gallup	98	Sait	1:54.80	1:50.72	2	1
9 Baylee Frissel	91	Concordia U	1:55.28	1:52.31	2	
10 Breanna Melnechenko	96	Sait	1:59.00	x1:53.53	1	
11 Brianna Berridge	99	Red Deer College	2:01.00	x1:54.35	1	
12 Ellen Pedersen	98	Lethbridge College	1:59.00	1:55.17	2	
13 Faith Kipkosgei	98	Lethbridge College	1:56.00	x1:56.16	2	
14 Teagan Shapka	98	Red Deer College	2:04.00	x1:57.18	1	
15 Laura Szymanek	97	Red Deer College	2:00.00	x1:57.43	1	
16 Vildana Rekec	98	Lethbridge College	1:57.00	x1:57.52	2	
17 Salma Moreira	98	Lethbridge College	1:59.00	x2:06.05	2	
-- Daniella Burke	94	U Alberta Augustana	2:15.00	DNS	1	
-- Lydia Brown	98	U Alberta Augustana	2:15.00	DNS	1	
-- Olivia Cooper	01	Edmonton Harriers	1:46.00	1:40.21	3	

2017 ACAC Indoor Track - 2017-01-28**Kinsmen Field House****Results****Women 1000 Metre Run Open**

Name	Year	Team	Seed	Finals	H#	Points
Prov. Indoor: #	2:44.55	2014-02-22	Jenna Westaway (1994), CITC; Edmtonton, AB			
ACAC: +	2:54.00	2016-01-30	Vanessa Trofimenkoff, GMU; Toronto			
ACAC Champs: ~	3:02.80	2016-02-27	Jamie Wigmore, GPRC; CFB Edmonton			
1 Ricki Doyle	95	Sait	3:15.00	3:05.95	3	10
2 Chanelle Gagne	95	MacEwan University	3:05.73	3:07.07	3	8
3 Amy Severtson	97	Red Deer College	3:21.00	3:22.86	3	6
4 Shaelyn Moltzahn	97	Red Deer College	3:35.00	3:27.47	3	5
5 Kailey Bratland	98	Grande PrairieRC	3:25.00	3:35.01	3	4
6 Brianna Berridge	99	Red Deer College	3:41.00	x3:35.60	2	
7 Faith Kipkosgei	98	Lethbridge College	3:35.00	3:35.86	3	3
8 Vildana Rekic	98	Lethbridge College	3:43.00	3:35.88	2	2
9 Brynn Devries	95	Concordia U	3:35.42	3:37.46	2	1
10 Laura Szymanek	97	Red Deer College	3:40.00	x3:38.25	2	
11 Lauren Mearns	97	Red Deer College	3:46.00	x3:41.27	2	
12 Tamara MacDougall	96	Sait	4:15.00	3:42.0h	1	
13 Samantha Debree	95	Red Deer College	4:00.00	x3:44.7h	1	
14 Salma Moreira	98	Lethbridge College	3:31.00	x3:45.58	3	
15 Analise Lehnors	96	U Alberta Augustana	4:10.00	3:47.5h	1	
16 Tizita Hill	96	Sait	4:15.00	x3:47.8h	1	
17 Dina Iatrou	97	Lethbridge College	3:38.00	x3:57.34	2	
18 Jennifer Kubos	97	Lethbridge College	4:25.00	x4:03.9h	1	
19 Maria Kingma	96	Sait	4:15.00	x4:09.1h	1	
20 Chiedza Mutize	97	U Alberta Augustana	4:45.00	4:16.0h	1	
21 Daniella Burke	94	U Alberta Augustana	4:20.00	x4:23.2h	1	
-- Emma Steele	00	MAC Track	3:15.62	3:18.16	3	

Women 1500 Metre Run Open

Name	Year	Team	Seed	Finals	H#	Points
Prov. Indoor: #	4:20.51	1990-02-17	Karen Dunston (1966), CS; Edmonton AB			
ACAC: +	4:39.20	2015-02-07	Vanessa Trofimenkoff, GMU; Winnipeg			
ACAC Champs: ~	4:47.48	2014-03-07	Jamie Wigmore, GPRC; CFB Edmonton			
1 Hannah Leggatt	96	MacEwan University	4:55.43	4:36.14+	2	10
2 Jordanna Cota	96	Red Deer College	5:07.00	5:04.18	2	8
3 Roxanne Skoreyko	79	MacEwan University		5:13.96	1	6
4 Andrea Snider	83	Grande PrairieRC	5:15.00	5:16.95	2	5
5 Amy Severtson	97	Red Deer College	5:15.00	5:20.82	2	4
6 Jill Stewart	98	Red Deer College	5:15.00	x5:25.16	2	
7 Rachael Smillie	95	Concordia U	5:30.68	5:35.83	1	3
8 Shelby Edgar	91	Concordia U	5:35.00	5:40.80	1	2
9 Bailey Troccoli-Hughes	97	Concordia U	5:39.83	x5:41.45	1	
10 Anna Zulic	95	Concordia U	5:30.00	x5:43.16	1	
11 Elise Nawrocki	96	Concordia U	5:30.00	x5:47.55	1	
12 Kailey Bratland	98	Grande PrairieRC	5:25.00	5:52.90	2	1
13 Samantha Debree	95	Red Deer College	6:00.00	x5:57.22	1	
14 Lauren Mearns	97	Red Deer College	6:15.00	x5:58.62	1	
15 Lannie Houle	96	Concordia U	5:45.00	x6:08.99	1	
16 Dina Iatrou	97	Lethbridge College	5:50.00	6:09.04	1	
17 Jennifer Kubos	97	Lethbridge College	6:20.00	6:27.75	1	
-- Emily McIlroy	96	U Alberta Augustana	5:30.00	SCR		
-- Paige Patterson	00	MAC Track	4:56.51	5:00.24	2	
-- Kelcie Bulas	99	Wolves Athletics	5:15.27	5:17.84	2	

2017 ACAC Indoor Track - 2017-01-28**Kinsmen Field House****Results****....Women 1500 Metre Run Open**

-- Daniella Wasielewski 99 MAC Track 4:55.96 5:27.17 2

Women 3000 Metre Run Open

Prov. Indoor: # 8:48.56 2008-03-07 Megan Metcalfe (1982), ET; Valencia, Spain
 ACAC: + 10:10.56 2015-02-07 Mirelle Martens, GPRC; Edmonton
 ACAC Champs: ~ 10:21.50 2015-02-27 Mirelle Mattens, GPRC; CFB Edmonton

Name	Year	Team	Seed	Finals	Points
1 Jordanna Cota	96	Red Deer College	11:28.00	10:52.37	10
2 Roxanne Skoreyko	79	MacEwan University	11:10.26	10:59.29	8
3 Andrea Snider	83	Grande PrairieRC	11:20.00	11:33.05	6
4 Jill Stewart	98	Red Deer College	12:00.00	11:45.13	5
5 Emily McIlroy	96	U Alberta Augustana	11:45.00	12:15.58	4
-- Kari Elliott	80	Unattached	11:00.00	10:49.24	

Women 4x400 Metre Relay Open

Prov. Indoor: # 3:44.30 1987-02-21 Calgary Spartans, Edmonton, AB
 ACAC: + 4:07.60 2016-01-30 MacEwan, GMU; Toronto
 ACAC Champs: ~ 4:13.80 2016-02-27 MacEwan University, GMU; Calgary

Team	Seed	Finals	H#	Points
1 MacEwan University		4:07.96~	2	10
2 Grande Prairie RegionalCollege	4:45.00	4:26.14	2	8
3 Red Deer College		4:28.80	2	6
4 Sait		4:37.27	2	5
5 Lethbridge College		4:38.66	2	4
6 Concordia University Edmonton 'B'		4:39.21	2	3
7 Red Deer College 'B'		x4:49.83	1	
8 Concordia University Edmonton		x5:12.40	1	
9 Lethbridge College 'B'		x5:17.98	1	
-- Running Room Athletic Club AB 'B'		DNS	1	
-- Running Room Athletic Club AB		DNS	2	

Men 300 Metre Dash Open

Prov. Indoor: # 32.53 2008-02-02 Tyler Christopher (1983), Legacy; Winnipeg, MB
 ACAC: + 36.24 2017-01-22 Thomas Cross-Trush, GMU; Edmonton
 ACAC Champs: ~ 36.85 2016-02-27 Benjamin Williams, GMU; Calgary

Name	Year	Team	Seed	Finals	H#	Points
1 Thomas Cross-Trush	97	MacEwan University	37.41	36.15+	4	10
2 Colesen Faunt	98	Sait	36.50	38.10	4	8
3 Dayton Jans	98	Lethbridge College	38.00	39.37	4	6
4 Colin Walker	98	MacEwan University	42.47	40.44	3	5
5 Nathan Goode	91	Red Deer College	48.00	40.71	2	4
6 Lukas Visser	98	U Alberta Augustana	45.00	40.84	2	3
7 Dan-Okeke Chuckwusomebi	98	Lethbridge College	41.00	41.30	4	2
8 Justin Moltzahn	96	Red Deer College	54.00	41.89	1	1
9 Alexander Philipp	94	MacEwan University	42.34	x42.54	3	
10 Carlos Mena	90	Lethbridge College	42.00	x42.62	3	
11 Tristan Jochem	97	Lethbridge College	43.00	x42.93	2	
12 Duani Yano	88	Sait	43.00	42.98	3	
13 Lane Anderson	96	U Alberta Augustana	50.00	44.02	2	

2017 ACAC Indoor Track - 2017-01-28**Kinsmen Field House****Results****....Men 300 Metre Dash Open**

14	Brett Meyer	97	U Alberta Augustana	50.00	x44.49	2	
15	Brad Agnew	86	Concordia U	45.00	44.72	2	
16	Jackson Murrel	96	Concordia U	52.00	46.13	1	
17	Kevin Mayowski	94	Lethbridge College	42.00	x47.80	3	
18	Khushdeep Gill	93	Sait	50.00	x50.64	1	
19	Bruce Mintz	46	Edmonton Masters	52.38	51.52	1	
--	Thomas Antonio Rolle	81	Unattached	36.08	DQ	4	Rule 163.3
--	Dylan Zambonelli	95	Voleo Athletics	39.79	41.30	4	
--	Darian Yakimchuk	96	Voleo Athletics	42.10	43.51	3	

Men 600 Metre Run Open

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Prov. Indoor:	# 1:17.52	1981-03-13	Ian Newhouse (1956),	EOC; Saskatoon, SK			
	ACAC: + 1:21.70	2016-02-13	Kenton Sportank,	CUE; Edmonton			
	ACAC Champs: ~ 1:23.40	2016-02-26	Kenton Sportak,	CUE; Calgary			
	Name	Year Team	Seed	Finals	H#	Points	
=====							
1	Scott Kohlman	97 MacEwan University	1:27.96	1:31.69	4	10	
2	Dayton Jans	98 Lethbridge College	1:31.00	1:33.71	3	8	
3	Nathan Goode	91 Red Deer College	1:44.00	1:35.43	2	6	
4	Nolan Dyck	97 Red Deer College	1:44.00	1:37.05	2	5	
5	Jeff Willoughby	97 Red Deer College	1:45.00	x1:37.31	2		
6	Tristan Jochem	97 Lethbridge College	1:41.00	1:38.02	2	4	
7	John Krause	98 Lethbridge College	1:36.00	x1:38.15	3		
8	Colesen Faunt	98 Sait	1:28.00	1:39.35	4	3	
9	Duani Yano	88 Sait	1:42.00	1:39.89	2	2	
10	Justin Moltzahn	96 Red Deer College	1:50.00	x1:43.03	1		
11	Carlos Mena	90 Lethbridge College	1:40.00	x1:43.43	3		
12	Jarred St. Arnault	97 Grande PrairieRC	2:00.00	1:47.87	1	1	
13	Kevin Mayowski	94 Lethbridge College	1:53.00	x1:47.91	1		
14	Brett Meyer	97 U Alberta Augustana	1:50.00	1:49.35	1		
15	Khushdeep Gill	93 Sait	1:55.00	x2:00.45	1		
--	Dan-Okeke Chuckwusomebi	98 Lethbridge College	1:40.00	DNS	3		
--	David Bargiel	99 Concordia U	1:40.00	SCR			
--	Aaron Boyle	99 MAC Track	1:28.48	1:25.73	4		
--	Tyson Keddie	99 MAC Track	1:28.17	1:26.12	4		
--	Bill Makwae	01 MAC Track	1:30.54	1:28.76	4		
--	Brandon Tufford	00 Wolves Athletics	1:28.50	1:28.92	4		
--	Jason Ushko	02 Edmonton Harriers	1:37.47	1:30.12	3		
--	Alec Paine	01 MAC Track	1:32.89	1:32.36	3		
--	Bill Corcoran	61 Wolves Athletics	1:49.80	1:47.44	1		

Men 1000 Metre Run Open

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Prov. Indoor:	# 2:23.36	1996-02-23	Scott Jensen (1974),	U of Calgary; Edmonton			
	ACAC: + 2:32.35	2014-02-08	Kenton Sportank,	SAIT; Edmonton			
	ACAC Champs: ~ 2:37.40	2016-02-27	Kenton Sportak,	CUE; Calgary			
	Name	Year Team	Seed	Finals	H#	Points	
=====							
1	Scott Kohlman	97 MacEwan University	2:37.76	2:44.14	2	10	
2	Alex Howells	98 Sait	2:40.00	2:47.14	2	8	
3	Moses Chesseret	89 Lethbridge College	2:52.00	2:55.79	2	6	
4	Josh Malmsten	96 Grande PrairieRC	2:52.00	2:57.21	2	5	
5	John Krause	98 Lethbridge College	2:57.00	3:01.70	2	4	
6	Chris Karg	90 Sait	3:00.00	3:02.37	1	3	

2017 ACAC Indoor Track - 2017-01-28**Kinsmen Field House****Results****....Men 1000 Metre Run Open**

7 Nolan Dyck	97 Red Deer College	3:15.00	3:04.08	1	2
8 Fedor Dometov	97 Sait	3:00.00	x3:05.58	1	
9 Cory Deaardt	98 Red Deer College	3:10.00	3:08.32	1	1
10 Mason Many Grey Horses	98 Lethbridge College	2:59.00	x3:08.44	1	
11 Denton Davies	84 Sait	3:00.00	x3:13.27	1	
-- Brandon Tufford	00 Wolves Athletics	2:40.00	2:48.04	2	

Men 1500 Metre Run Open

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Prov. Indoor: #	3:44.58	2014-01-25	Brad Bickley (1991), CS;	New York, NY		
ACAC: +	4:01.20	2016-02-13	Kirk Sundt, CUE;	Edmonton		
ACAC Champs: ~	4:12.30	2016-02-27	Kirk Sundt, CUE;	Calgary		
Name	Year	Team	Seed	Finals	H#	Points
=====						
1 Jacques Saayman	97	Sait	4:12.00	4:18.97	2	10
2 Moses Chesseret	89	Lethbridge College	4:28.00	4:34.84	2	8
3 Brandon Toal	96	MacEwan University	4:15.79	4:38.55	2	6
4 Adam Wass	98	Red Deer College	5:07.00	4:44.30	1	5
5 Devon Gurney	97	Red Deer College	4:55.00	4:46.11	1	4
6 Josh Malmsten	96	Grande PrairieRC	4:35.00	4:47.60	2	3
7 Matthew Vandegriff	93	Sait	4:42.00	4:48.14	2	2
8 Ian Lee	94	Concordia U	4:50.24	4:48.74	1	1
9 Keith Spruyt	97	Concordia U	4:45.00	4:49.77	1	
10 Cory Deaardt	98	Red Deer College	5:06.00	x5:05.92	1	
11 Mason Many Grey Horses	98	Lethbridge College	4:50.00	5:07.02	1	
12 Mohammed Abdullahi	99	Concordia U	5:00.00	x5:14.40	1	
13 Lukas Visser	98	U Alberta Augustana	5:45.00	5:18.80	1	
14 Emil Yim	88	U Alberta Augustana	6:30.00	6:15.72	1	
-- Adam Lehnars	92	Unattached	4:20.00	4:19.83	2	
-- Hayden Hollowell	94	Wolves Athletics	4:08.84	4:21.09	2	
-- Rilee Goodeagle	95	UCAC	4:25.00	4:31.37	2	
-- Matthew Norminton	77	Running Room	4:45.00	4:48.35	1	

Men 3000 Metre Run Open

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Prov. Indoor: #	7:59.2h	1980-01-19	Dean Childs (1957), CS;	New York NY		
ACAC: +	8:46.20	2016-02-12	Kirk Sundt, CUE,	Edmonton		
ACAC Champs: ~	8:58.10	2015-02-27	Alex Harding, Lethbridge;	CFB Edmonton		
Name	Year	Team	Seed	Finals	H#	Points
=====						
1 Brandon Wladyko	86	Grande PrairieRC	9:33.76	9:31.10	2	10
2 Brandon Toal	96	MacEwan University		9:41.71	2	8
3 Joedy Dalke	96	U Alberta Augustana	10:30.00	10:17.24	1	6
4 Adam Wass	98	Red Deer College	10:56.00	10:25.91	1	5
5 Erik Rust	93	U Alberta Augustana	10:30.00	10:30.18	1	4
6 Devon Gurney	97	Red Deer College	10:54.00	10:30.97	1	3
7 Jeff Willoughby	97	Red Deer College	11:18.00	x10:56.48	1	
8 Rogan Running Rabbit	97	Lethbridge College		11:14.04	1	2
9 Emil Yim	88	U Alberta Augustana	14:30.00	x13:30.71	1	
-- Cristobal Alvarado	95	Lethbridge College	9:45.00	SCR		
-- Shae Kelly	98	MacEwan University	9:15.87	SCR		
-- Jesse Bauer	89	Edm. Triathlon	9:28.75	9:23.06	2	
-- Rilee Goodeagle	95	UCAC	9:30.00	9:25.61	2	
-- Hayden Hollowell	94	Wolves Athletics	9:20.00	9:31.76	2	
-- Owen Guenette	00	MAC Track	10:28.52	10:21.10	1	

2017 ACAC Indoor Track - 2017-01-28**Kinsmen Field House****Results****Men 4x400 Metre Relay Open**

Team	Seed	Finals	H#	Points
Prov. Indoor: # 3:14.12	2008-03-07	University of Calgary, Montreal, QU S. Effah, E Kimick, M Saizew, T Ratzlaff		
ACAC: + 3:34.66	2015-02-07	Lethbridge, LCK; Edmonton		
ACAC Champs: ~ 3:33.00	2016-02-27	Concordia, CUE; Calgary		
1 Lethbridge College		3:50.88	2	10
2 MacEwan University		3:52.12	2	8
3 Red Deer College		3:54.24	2	6
4 Sait		3:54.28	2	5
5 Grande Prairie RegionalCollege		4:01.39	2	4
6 Lethbridge College 'B'		x4:12.74	1	
7 Concordia University Edmonton		4:20.42	1	3
8 Augustana University		4:21.69	1	2
9 Sait 'B'		x4:24.35	1	
-- Running Room Athletic Club AB		DNS	1	
-- Gprc Wolves Athletic Club		DNS	2	
-- MAC Track	3:45.56	3:45.73	1	
1) Aaron Boyle 99	2) Alec Paine 01			
3) Tyson Keddie 99	4) Bill Makwae 01			

Mixed 4x400 Metre Relay Fun Open

Team	Seed	Finals
2 Augustana University		4:48.49
1 Gprc Wolves Athletic Club		4:41.09