

ACAC XC Championships 2016

Hosted by Grande Prairie Regional College

Oct 29, 2016

ACAC women's 5 km results

Runner	Team	Bib#	Time	Place	ACAC	UAA	CUE	GPRC	LAKE	LETH	OC	SAIT	STMU	RDC	Pace/km
Rachel McKenzie	LETH	200	20:20	1	1					1					04:04
Jordanna Cota	RDC	167	20:25	2	2									2	04:05
Emily Spencer	LETH	266	20:49	3	3					3					04:10
Jillian Stewart	RDC	168	20:56	4	4									4	04:11
Elise Nawrocki	CUE	281	21:03	5	5		5								04:13
Ricki Doyle	SAIT	185	21:14	6	6							6			04:15
Amy Severtson	RDC	169	21:19	7	7									7	04:16
Janaya Garbe	RDC	170	21:24	8	8									8	04:17
Andrea Snider	GPRC	166	21:36	9	9			9							04:19
Kirstyn Janzen	LETH	267	21:43	10	10					10					04:21
Emily McIlroy	UAA	180	21:59	11	11	11									04:24
Baylee Frissell	CUE	279	22:04	12	12		12								04:25
Haley Dunwoodie	CUE	278	22:19	13	13		13								04:28
Rachael Smillie	CUE	277	22:22	14	14		14								04:28
Erica Paxton	SAIT	183	22:28	15	15							15			04:30
Jayne Nagy	SAIT	184	22:29	16	16							16			04:30
Bailey Troccoli-Hughes	CUE	280	22:34	17	17		17								04:31
Janelle Graham	LETH	268	22:41	18	18					18					04:32
Maria Houle	GPRC	163	22:47	19	19			19							04:33
Anna Zulic	CUE	282	22:56	20	20		20								04:35
Breanna Berridge	RDC	173	23:02	21	21									21	04:36
Ellen Pedersen	LETH	269	23:04	22	22					22					04:37
Vildana Rekić	LETH	270	23:06	23	23					23					04:37
Kailey Bratland	GPRC	159	23:19	24	24			24							04:40
Laura Szymanek	RDC	172	23:31	25	25									25	04:42
Samantha Debree	RDC	171	23:42	26	x									x	04:44
Lauren Mearns	RDC	174	23:45	27	x									x	04:45
Christie Shepherd	GPRC	165	23:54	28	26			26							04:47
Shelby Edgar	CUE	276	24:03	29	x		x								04:49
Salma Moreira	LETH	271	24:09	30	x					x					04:50
Anna Gallup	SAIT	186	24:17	31	27							27			04:51
Teagan Shapka	RDC	175	24:29	32	x									x	04:54
Brooke Whitaker	STMU	199	24:43	33	28								28		04:57
Dina Iatrou	LETH	273	25:00	34	x					x					05:00
Randi Thiessen	STMU	197	25:06	35	29								29		05:01
Darian Elliott	LAKE	190	25:12	36	30				30						05:02
Amanda Stor	LAKE	187	25:25	37	31				31						05:05
Karina Manz	GPRC	164	25:26	38	32			32							05:05
Leah Reid	UAA	182	25:28	39	33	33									05:06
Katelynn Cook	UAA	177	25:30	40	34	34									05:06
Davis Alton	GPRC	158	25:48	41	35			35							05:10
Brittany Duvall	GPRC	161	26:09	42	x			x							05:14
Annika Olesen	UAA	181	26:13	43	36	36									05:15
Emily Lyseng	UAA	179	26:17	44	37	37									05:15
Dana Jackson	LETH	274	26:17	45	x					x					05:15
Bethany Topping	STMU	198	26:18	46	38								38		05:16
Jennifer Kubos	LETH	272	26:18	47	x					x					05:16
Erin McQuitty	STMU	194	26:28	48	39								39		05:18
Tayla Koerber	UAA	178	26:31	49	40	40									05:18
Kelsey Pauls	LAKE	188	26:38	50	41				41						05:20
Kayla Enders	LETH	275	26:55	51	x					x					05:23
Megan Hopkins	GPRC	162	28:59	52	x			x							05:48
Myroslava Koval	STMU	191	29:01	53	42								42		05:48
Kiana Scarf	LAKE	189	29:29	54	43				43						05:54
Daniella Burke	UAA	176	29:29	55	x	x									05:54
Tanis Lefebvre	STMU	192	30:00	56	44								44		06:00
Leah Nel	STMU	195	33:20	57	x								x		06:40
Kara Shaw	STMU	196	34:18	58	x								x		06:52

# of runners scoring	58	44	6	6	6	4	6	0	4	6	6
# of exhibition runners		14	1	1	2	0	5	0	0	2	3
total best 4 runners		114	44	78	145	32		64	134	21	
rank on best 4 runners		6	3	5	8	2		4	7	1	
total best 3 runners		78	30	52	102	14		37	95	13	
rank on best 3 runners		6	3	5	8	2		4	7	1	
total best 3 women+best 3 men		107	104	122	215	32		48	143	63	
rank on best 3 women and men		5	4	6	8	1		2	7	3	

UAA	CUE	GPRC	LAKE	LETH	OC	SAIT	STMU	RDC
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